

# Catholic Region<mark>al College St Albans</mark>

Love One Another As I Have Loved You

# $\frac{1}{2015}$

# NEWSLETTER 8 May



Spírit of God, gíve us the openness, deep within us to recognise, daily, all people as made in your image and likeness.

Help us to learn from one another the ways of being fully alive, at peace with ourselves and with those around us.

Give us the courage to transform those parts of ourselves and our world that separate and create enmity.

Help us to take steps to stop the cycle of violence in our homes, in our workplaces, in our neighbourhoods, in our country, in our world.

May we be open to our deepest yearning for a world alive with your justice and truth, to dream of a society where all are treated with respect, and, with the power of your Spirit, to take steps to bring it about.

# From the Principal . .

Over the last few weeks members of the local community have been harvesting olives from the trees at the front of the school. The two small olive groves were planted in 2009 to mark the International Year of Reconciliation and each year the trees are now producing abundant fruit. They are a constant reminder that in our community we do all that we can to live as peaceful people.

The olive branch appears on many crests and is the emblem of the United Nations. It is a universal symbol of forgiveness and peace. Just as God sent the olive branch to Noah we are called to hold out the olive branch to those with whom we've had differences. It is the first step towards reconciliation and rebuilding broken relationships. At our school we believe that there is no issue that cannot be resolved peacefully.

In Year 7 students are introduced to these ideas through the R.E. mini unit 'Guardians of Peace' and the Year 7 Reflection Day which is always held at an olive grove. On this day students are invited to 'be still and know that I am God'. It is always a terrific experience for students and staff alike. I thank all the staff who were involved in planning and leading this day.

Following are some pictures and reflections from Year 7 students to give you an insight into what happens on this day.



On the 30<sup>th</sup> April, the year 7 students were taken to Pitzrucello Olive Grove in Sunbury for a Reflection Day.

CONTINUED OVERLEAF

PAGE 2 ISSUE 6 2015

Continued from Page 1

We participated in prayer and activities that allowed us to reflect on our inner peace. It was an exciting and peaceful day where we were able to connect with God and we were given the chance to think of different ways we can be closer and be one with God.

At the end of the day we were given a very special 'Peace Badge' that we will all wear on our Blazers with pride; as a constant reminder that we are instruments of peace.

On behalf of the year 7's I would like to thank all the teachers that guided us through the day for a graceful reminder of how we can be peaceful people.

#### Catherin D'Rozario - 7 Avoca

The Year 7 Reflection Day was fun and relaxing. We completed great activities and made special peace people. We were given a chance to be silent and be on our own and pray. It was great.

#### Arianit Gjergjaj – 7 Kiewa



## Mothers' Day

We wish all the mums in our school community a very happy Mother's Day for Sunday. We remember also the mums who are no longer with us. May all mums know that their unconditional love, support and all that they do for us are very much appreciated, even though we may not say this often enough!

### Languages Week

The Languages faculty is a small but dynamic area of the school. Last week we celebrated Languages week with many interesting activities and lots of yummy food.

In behalf of students and staff I'd like to thank Melissa O'Shea, Bo Peng, Len Tobin, Jess Iaria and Rosalba Iannuzzi for once again drawing our attention to the importance and beauty of studying a language and of learning about other cultures.

#### SACCSS Cross Country

Congratulations to all the students who represented the College at this week's SACCSS cross country. They displayed fine sportsmanship, achieved some very good personal best performances and were a credit to themselves, their families and the College. Thank you to the staff who organised the training sessions and supported the team on the day.

I'd like to offer particular congratulations to Arop Thom who won the under 14 boys' event and to the students who placed in the top 10. It was a mighty performance all round. Well done.

## Feast Day 2015

On **Friday 22**<sup>nd</sup> **May** we celebrate our College Feast Day. This is a much anticipated day on the College calendar. The day involves mass, activities in year levels and the annual Feast Day Carnival.

Over the past few weeks the SRC has been working hard to plan the Carnival whilst the Liturgy Team is finalizing the mass and year levels are planning their session. We're very appreciative of the work all groups are doing.

Feast Day is a great day for families to get involved and to help in running activities. We're looking for family members who might be able to spare a few hours to help with the carnival.

**2.30pm,** however, are very welcome to join us earlier for mass at 9.30am. This is a good chance to meet other parents and to be part of the fun. If you can assist with the sausage sizzle,

ISSUE 6 2014 PAGE3

making fairy floss, serving at the café, running Mini Golf or the High Striker, helping with Human Table Soccer or one of the many other activities please let us know. No prior experience is needed!

If you can help, please fill out the reply slip at the end of the newsletter and return this to the College. Alternatively, you can ring Jill on 9366 2544 to let her know you're available.

#### Feast Day Mass

Mass will be at 9.30am in Sacred Heart church. Families are warmly invited to join us for mass.

#### Arrangements for Feast Day

School will begin at the normal time of 8.40am and conclude at 3.05pm. It's expected that all students attend unless they're sick. Days such as Feast Day are important in building community and school spirit. Not that anyone would want to miss out on the sumo wrestling, rock climbing, giant slide human table soccer, the jumping castle and other activities too numerous to mention!

Students can come in casual clothes and there is no charge. All carnival activities are free, however, there is a small cost for food. The canteen is open throughout the carnival and there'll be a sausage sizzle and fairy floss. Students are encouraged to bring their lunch.

Hopefully we are blessed with a fine day! An alternative program will run should it rain.

#### Newsletter

The newsletter is published fortnightly and distributed on **Day 10 (Friday Week 2).** Students will have a chance to read it before placing it in their diary to be taken home to parents that evening.

#### **Newsletter Days for Term 2 2015:**

Thurs 21st May Friday 5th June Friday 19th June The newsletter can also be accessed on Friday morning (Day 10) on the College website at:

http://www.crcstalbans.catholic.edu.au

#### Since our last newsletter....

Over and above the day to day activities of the school since our last newsletter students, families and staff have participated in the following:

10 McAuley Community Service

Year 7 Premier League

Year 8 author visit

Year 10 Drama excursion to the Melbourne Theatre Company

Languages Week

Year 7 Reflection Day

Shared Stories: Author in Residence program

Sunshine Hospital Careers Day

**Year 8 Family Nights** 

Year 8 Medieval Day

I am sure that students and their families are very appreciative of all these opportunities and the time and energy that staff put into organising and offering these experiences.

CHRISTINA UTRI **PRINCIPAL**  PAGE4 ISSUE 6 2015



#### Year 9 & 10 Examination Schedule

As we are now well into Term 2, Year 9 and 10 students should be preparing in earnest for their exams. It is important that students develop and adhere to a study routine and follow the advice of their teachers in order to prepare thoroughly for all exams. We wish them well with their studies.

## Year 9 & 10 Exams Friday 5<sup>th</sup> – Thursday 11<sup>th</sup> June 2015

#### **Exam Schedule:**

#### Year 9

Normal classes periods 3-6 on Friday

Normal classes periods 1 & 2 on Tuesday and Wednesday

Normal classes periods 3-6 on Thursday

#### Year 10

Start at lunch time on Friday 5<sup>th</sup> June

Normal classes on Tuesday 9<sup>th</sup> June and Wednesday 10<sup>th</sup> June during periods 3-6, unless required at Sydenham Start at recess time on Thursday 11<sup>th</sup> June

TIME	Friday 5 <sup>th</sup> June (Day 10)	Tuesday 9 <sup>th</sup> June (Day 2)		Wednesday 10 <sup>th</sup> June (Day 3)	Thursday 11 <sup>th</sup> June (Day 4)
Periods 1 & 2	Year 9 Humanities	Year 10 Maths		Year 10 RE	Year 9 English
Periods 3 & 4		Year 9 RE		Year 9 Maths	Year 10 Science
Periods 5 & 6	Year 10 English	Year 9 Science	Year 10 Italian	Year 9 Languages	Year 10 Humanities





#### MARRIAGE ENCOUNTER WEEKEND

Invest in your most precious asset.....
Your Marriage!

Forget life's interruptions and tensions and rekindle the closeness, intimacy, love and romance that brought you together. Recharge relationship batteries and explore the precious nature of your marriage, allowing you both to share your feelings, hopes and dreams with each other in ways that normal, daily living tends to inhibit.

No group sharing. Couples and a priest present the weekend. Based around Catholic values but couples of all faiths are welcome.

Melbourne dates : 19-21 June, 21-23 August and 23-25 Oct

Starts 7pm on Friday - 5pm Sunday. Accommodation and all meals provided. Information/Bookings: PH: Marianne & Marcel (03) 9733 0997

Email: vicbookings@wwme.org.au Website:www.wwme.org.au

#### Year 7 Enrolments for 2016 are now open

Enrolment information is available from the school office or on the school website.

Visits are conducted throughout the year and arranged at a time to suit families and the school.

Please ring Anne Stokie on 9366 2544 or contact her for further information at:

astokie@crcstalbans.com.au

Alternatively, visit our website at: www.crcstalbans.catholic.edu.au

ISSUE 6 2014 PAGE 5

# Someone Once Said . . .

"If you treat an individual as he is,
he will remain how he is. But if you treat him
as if he were what he ought to be and could be,
he will become
what he ought to be and could be."

- Johann Wolfgang von Goethe

# CAREERS CORNER-

On the 4<sup>th</sup> May 10 students (some pictured below) participated in the Sunshine Hospital Excursion to learn about different skills within the Health industry.

#### **Work Experience**

Just a reminder to all Year 10 students to bring in their work experience forms and give these to Jill. Work Experience will run from the 20-24<sup>th</sup> of July and Year 10 students will need to finalise their placements over the next few weeks.

Jacinta Dykes, Careers Coordinator



#### FREE ASTHMA Q&A Event

The Athma Foundation in conjunction with the Royal Children's Hospital and Royal Melbourne Hospital, is very excited to announce that once again it will be holding a FREE Q&A Panel Event in June 2015.

This year's event will be focused on 'Managing Asthma and Allergy'.

Date: Sunday 28 June 2015

Time: 4pm to 6pm

Venue: Ella Latham Auditorium,

Royal

Children's Hospital, Parkville

**Cost: FREE** 

To register visit asthma-and-allergy.eventbrite.com.au or contact The Asthma Foundation of Victoria on advice@asthma.org.au or 03 9326 7088.



# **Do you have asthma?** Check us out on facebook

A new Facebook page has recently been established for 13-25 year olds with asthma. The page is titled Young People With Asthma – Australia. Secondary aged students (must be 13yo & over) and other young people can share their experiences, hear about latest developments and get tips on asthma management.

Regular sessions will be held for young people to have their asthma questions answered by an asthma expert.

PAGE 6 ISSUE 6 2015



# YES! I would like to help out on FEAST DAY 2015.

Name:	Contact Number :			
My Child's Name :	Class:			
I can offer the following skills :				

Please return this reply slip to Jill at the college office by Monday 18th May 2015, or give her a call on: 9366 2544.

**ISSUE 6** 2014 PAGE7



#### Wednesday Morning Mass Roster for Term Two:

Thank you to the St Vinnies Crew for preparing Mass on Wednesday the 18<sup>th</sup> for St Patrick's and St Joseph's Feast Days. It was a wonderful mass. Thanks also to Mrs Macdonald and 7 Wimmera for their beautiful mass dedicated to Mary on Wednesday 25<sup>th</sup> March.

Date School Class

13th May CRC 8 Clark- CML

20th May Sacred Heart

27th May CRC 7 Snowy-TMD

3rd June Sacred Heart

10th June CRC 10 Little- JMD

17th June Sacred Heart

24th June CRC 7 Kiewa- JDS

Thank you to Mr Iannuzzi and 10 Mackillop for leading mass on Wednesday 22<sup>nd</sup> April.

# St Vinnie's Crew SLEEP STEP SLEEP STEP Look out for further details in the next newsletter.

## Mother's Day Prayer

Loving God,

as a mother gives life and

nourishment

to her children,

so you watch over your Church.

Bless these women,

that they may be strengthened as

Christian mothers.

Let the example of their faith and love

shine forth.

Grant that we, their sons and

daughters,

may honour them always

with a spirit of profound respect.

Grant this through Christ our Lord.

Amen.

To all the special women in our lives - Happy Mother's Day



**ISSUE 6 2015** PAGE 8

## NAPLAN

The National Assessment Program - Literacy and Numeracy (NAPLAN) tests for students in Years 7 and 9 will be held on Tuesday 12 May, Wednesday 13 May and Thursday 14 May.

The results of the tests provide information for parents and teachers about a child's performance in Literacy and Numeracy. This information can be used to support teaching and learning programs at the school level and improve student achievement. Each student's report will be sent home later in the year showing student performance on a national achievement scale for each test. The NAPLAN tests assess:

- \* Writing \* Reading \* Numeracy
- \* Language Conventions (including spelling, grammar and punctuation)

The students will be completing two numeracy tests. For one of these tests, calculators are permitted. Students **must bring their** own calculator to the test scheduled on Thursday 14th May. If any student does not have a calculator, please ensure that one is purchased as soon as possible to allow time to develop familiarity with its functionality.

Information about NAPLAN for parents/carers can be downloaded from NAPLAN Parent Information Pamphlet (pdf - 251.03kb). Further information can also be found at <a href="http://www.nap.edu.au/naplan/the-tests/the-tests.html">http://www.nap.edu.au/naplan/the-tests/the-tests.html</a> and www.vcaa.vic.edu.au/prep10/naplan/index.html

#### **KEY DATES TERM 2 2015**

Tues 12/5 – Thurs 14/5:

NAPLAN Literacy and Numeracy Tests (Years 7 and 9)

Thurs 14/5 & Fri 15/5:

Year 10 Outdoor Education Camp

Friday 22<sup>nd</sup> May:

College Feast Day

Fri 5/6 - Thurs 11/6:

Years 9 and 10 exams

Monday 8th June: Queen's Birthday Holiday

Friday 12<sup>th</sup> June:

Immersion Day

Tuesday 16<sup>th</sup> June:

Parents as Careers Partners night

Wednesday 17<sup>th</sup> June:

Report preparation day (No classes for students, except VCE and VET)

#### SACCSS CROSS COUNTRY

The SACCSS Cross Country event was held on Tuesday May 5 at Brimbank Park. The weather was rainy and windy but 35 students raced bravely. Special congratulations must go to **Arop Thom** of 8 Hollows who won the 14 year boys' event. A list of the students students who finished in the top 10 will be published in the following newsletter.

The competing students were:

Wendy Nguyen, Tommy Nguyen, Lan Dang, Chiara Vallescas, Dijana Buhac, Nyanakok Mongrag, Kur Kur, Richie Vung, Luke Strmota, Agel Thon, Alvinton Gonkerwon, Samuel Grav, Ronald Khuu, Michael Mayom, Rosanna Guo, Jasmine Paras, Emmanuel Burlyan, George Kastanaras, Minh Vo, Martin Nguyen, Paolo Lapid, Rayvia McIntosh, Danny Nguyen, Arop Thom, Shermta Flomo, Joshua Camilleri, Cyril Vallescas, Julia Malut, Kathleene Mendoza, Daniel Mendez, Ben Tran, Ha Dang, Hashara Jayawardene, Heidi Fabian and Allen Myers.



Arop Thom

Thank you to Elaine Le of 10 Little who volunteered as a course marshal. and to Mr Donahoo and Ms Lawang who were supervising and helping the runners. Will Watson,





# Changed your Contact Details?

Families are reminded that the school needs to be notified immediately that there are changes to phone contact details or addresses. Please ring the office, on 9366 2544 or come in and speak to Jill.