



### Palm Sunday

*On this day of great rejoicing  
Lord Jesus Christ, when we welcome  
You as our King and Saviour,  
we also walk in the shadow of Your cross.*

*Hosanna! We cry.  
Blessed are You who come  
in God's name to save us.*

*Hosanna!*

*Strengthen our faith  
on this Palm Sunday  
so that when the time comes  
to carry the cross we might still  
call out to You with heartfelt praise.  
Give us the grace and the courage  
to follow You this Holy Week  
from death to resurrection,  
from darkness to the fullness of light.*

*We need You  
Lord Jesus Christ, our Saviour  
Hosanna!*



### *From the Principal . . .*

**On Sunday we celebrate Palm Sunday, the beginning of Holy Week. This is a time where we commemorate the last days of Jesus: his final meal with his friends; his trial; his carrying of the cross; his death on Calvary and his rising from the dead. On Palm Sunday, branches are blessed as a reminder of Jesus' entry into Jerusalem. His entry into the city was in stark contrast to how he left a week later.**

I encourage all families to set aside some time to participate in the Holy Week ceremonies with their parish community. We've included the schedule for Holy Week ceremonies in our parishes in the newsletter.

*May the blessings of Holy Week and the joys of Easter be God's gifts to each of you over the coming weeks.*

### *Catholic Education Week*

This week marks Catholic Education Week. It is a chance to reflect on the fine work being done across our schools. Each week our newsletter gives you just a glimpse of the many things happening in our own school. None of this can be achieved without the great commitment of staff, the support of families and the enthusiasm, interest and involvement of students. We're very lucky in all areas. Thank you.

### *Intercampus Afternoon*

On Tuesday afternoon the staff of Catholic Regional College gathered at CRC North Keilor for a shared professional learning activity. Both the liturgy and input from our guest speaker, Sr. Sylvia Williams, explored the Year of Mercy and the theme of Catholic Education week 'Be the Face of Mercy'.

Sr. Sylvia, the founding principal of our own school, is a Sister of Mercy. She spoke about their founder, Catherine McAuley and the commitment of the sisters to living out the spiritual and corporal works of mercy in all that they do. Sr. Sylvia challenged

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each of us to think about how this Year of Mercy is going to make a difference to how we care for each other and our world.

Each of us, like the Sisters of Mercy, is called to feed the hungry, give drink to the thirsty, clothe the naked, shelter the homeless, comfort the sick, visit the imprisoned and to live as patient, supportive, prayerful and forgiving people.

## *Thank You*

The end of term provides a great opportunity for students and their families to reflect back over the last 8 weeks. It's been a short action packed term. As we approach the holidays we have much to celebrate. Take some time to think about what have been your highlights and all those who helped to make these happen.

As this is the last newsletter of Term 1, I'd like to thank all students, staff and families for your support and hard work throughout the term. Most students have used first term to establish a good foundation for the rest of the year. Many thanks for everything and may the holidays be restful and enjoyable.

May the holidays bring a time for rest and fun with family and friends. I look forward to your return on Monday 11 April, refreshed and raring to go.

## *Year 7 Family Nights*

Thank you to all Year 7 families for your support of Year 7 Family Nights we've had so far. Your interest, support and readiness to be involved is very much appreciated.

I'm sure that you are delighted with how well students have settled into the school and negotiated the transition from primary school. It is hard to imagine that they have only been with us for 7 weeks. Thank you to all the students who led the prayers and presented to the families on the night. Your input gave a good insight into what you've discovered about the school and the life of a Year 7 student.

These nights are the result of much hard work. On behalf of families, I'd like to thank the Year 7 teachers, particularly the pastoral care teachers and Peter Danger,

for preparing the Family Night, and for all their work in supporting the transition of students. I'd also like to thank Jill Gerada, Pauline Corson and their wonderful team of Student Leaders for their fine work in hospitality and catering, and all the staff who attended. For a number of students and staff it has meant 3 - 4 extra nights at school. I really appreciate their support and generosity.

We look forward to the final night for 7 Wimmera families next week.

## *End of Term 1*

Term 1 finishes on Thursday 24 March. This will be a normal Day 9 school day with classes finishing at 3.05pm.

## *Start of Term 2*

Term 2 will begin on Monday 11 April 2016. It will be the normal **Day 1** timetable. Families are reminded that they can access the student timetable through PAM.

I ask that students make a note of this in their diaries and ensure they bring the appropriate materials for this day. There should be no excuses about incorrect books or uniform for the day.

## *Level Crossing Removal*

The Furlong Road Level Crossing will be closed from 27 March to 18 April. We fully understand that this work and the work at St Albans station has increased traffic congestion in the local area and is stressful for families as they try to get students to school on time. Please be assured that whilst we always follow up with students who are late to school / class, there are certainly no consequences when students have a legitimate reason such as these road closures.

As a community we need to be patient with this short term inconvenience as the long term benefits of these changes will be of enormous benefit to the local area.

## *Early Finish for Student Parent Teacher interviews*

Families are asked to note that classes will finish at the end of **period 5** on Student Parent Teacher interview days. Finishing times are as follows:

Thursday 14 April:	2.20pm
Tuesday 19 April:	2.15pm

## *Uniform*

From the beginning of Term 2 all students will need to be in full winter uniform. This includes wearing the blazer to homeroom each morning, and the wearing of the school tie for both boys and girls. The uniform policy and requirements are in the Student Diary.

The holidays provide a good opportunity for families to check uniform items, to buy school shoes if these are needed, to let down hems if the kilt is too short, to mend PE uniforms that have been worn etc. We hope that all students make a good start to the term by ensuring that they are in full uniform. I ask the support of families in this matter.

## *Holidays: a great time for getting into book.*

I know that in many families computer games are put away / not allowed / rationed during term time and brought out during the holidays. However, holidays are also a great time for reading (and sport, getting together with family and friends, playing, enjoying the outdoors, pursuing other interests). Time online is very much the world of people today, however, like all things, it needs to be kept in balance and proportion to other activities!

Hopefully, all students will set aside some time to enjoy a book or two. This is the chance to read, not what you have to but what you choose to, a chance to visit a completely different world.

## *Newsletter*

The newsletter is published fortnightly and distributed on **Day 5 (Friday Week 1)**. Students will have a chance

to read it before placing it in their diary to be taken home to parents that evening.

Newsletter Days for Term 2 2016:

Fridays:	15 April,	29 April,	13 May,
	27 May,	10 June,	24 June

The newsletter can also be accessed on Friday morning (Day 5) on the College website at:

<http://www.crcstalbans.catholic.edu.au>

## *Applications for Year 7 2017*

Enrolments are now being taken for Year 7 2017. Application forms and College Information packs can be obtained from the front office at any time. The application form can also be downloaded from the College website at [www.crcstalbans.catholic.edu.au](http://www.crcstalbans.catholic.edu.au).

## *Since our last newsletter.....*

Over and above the day to day activities of the school since our last newsletter students, families and staff have participated in the following:

Year 10 Little Community Service  
Boxercise  
Outdoor Education Snorkelling excursion  
Year 10 Humanities Courts visit  
Author in Residence: Demet Divaroren  
Year 7 Family Nights  
Year 8 Camp  
St Patrick's Day mass

I am sure that students and their families are very appreciative of all these opportunities and the time and energy that staff put into organising and offering these experiences.



CHRISTINA UTRI  
PRINCIPAL



## familiEs Matter

### Student Parent Teacher Interviews



Student Parent Teacher interviews will take place in the first and second weeks of Term 2 on Thursday 14th and Tuesday 19th April (3.00 - 5.30pm and 6.30 - 8.00pm). Families are reminded that:

- Interviews are booked online via the Parent Access Module (PAM) on the College website.
- Bookings need to be completed by Sunday 10th April (Passwords and instructions for accessing PAM have been mailed to families)
- Students must attend with their families.
- Whilst the initial booking is with the Pastoral Care teacher you are able to speak with all your child's teachers whilst at the school. (This usually takes approximately 30 minutes per student).

We look forward to meeting all families at the interviews.

#### Early finish for Student Parent Teacher Interviews

Families are asked to note that classes will finish at the end of period 5 on Student Parent Teacher interview days. Finishing times are as follows:

**Thursday 14th April: 2:20pm**

**Tuesday 19th April: 2:15pm**

## SCHOOL FEES

All families should have received their school fee statements in the mail. If you have not received your child's fee statement, please contact the college office on: 9366 2544.

**PLEASE NOTE: CSEF FUNDS (\$225 PER CHILD) WILL BE CREDITED TO YOUR SCHOOL FEE ACCOUNT BY END MARCH/APRIL**  
*If families are having any difficulties with fee payments please do not hesitate to contact me at the college office on:*  
**9366 2544 — Anne Ross**



**Do you have one  
of these valid  
Centrelink cards?**

**Please contact the office if  
you have not yet seen**

**Mrs Anne Ross this year. Telephone: 9366 2544.**



## FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

### CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF will be provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students.



### HOW TO APPLY

Contact the school office to obtain a CSEF application form or download from [www.education.vic.gov.au/csef](http://www.education.vic.gov.au/csef)

### MORE INFORMATION

For the CSEF application closing dates and more information about the fund visit [www.education.vic.gov.au/csef](http://www.education.vic.gov.au/csef)



## Catholic Regional college St Albans

### Are you enrolling your child into Year 7 in 2017?

To enrol call **Anne Stokie on 9366 2544** or visit [www.crcstalbans.catholic.edu.au](http://www.crcstalbans.catholic.edu.au) for more details





TIME



CATHOLIC REGIONAL COLLEGE


<http://dishfunctionaldesigns.blogspot.ca/>

READ

MARCH 2016

ST ALBANS LIBRARY NEWSLETTER



## READING HOUR—SUCCESS IN BOOKS

This week the library hosted READING HOUR which was a great success, with 19 students and 4 staff attending. They had a chance to read new books on offer at the library, enjoy a snack and quiet conversation afterward.

Why don't you come along to our next Reading Hour event?

**TUESDAY 19 APRIL**

*Please register at the library by no later than Monday 18 April.*

Remember you can access the Library through the school web page [www.crcstalbens.catholic.edu.au](http://www.crcstalbens.catholic.edu.au)



Thursday 5 May and Friday 6 May, 9am-3pm  
Saturday 7 May and Sunday 8 May, 10am-4pm

<http://www.vceandcareers.com.au/>

## GOOD UNIVERSITIES GUIDE:

The Good Universities Guide keeps you up to date with all the **university open days**, as well as **TAFE open days** and other **college open days**.

Make sure to keep coming back to check on the latest news on open days. The university open days, TAFE open days and other college open days can be found at the website below:

[http://](http://www.gooduniversitiesguide.com.au/)

[www.gooduniversitiesguide.com.au/](http://www.gooduniversitiesguide.com.au/)

**Open-days#7**



THE UNIVERSITY OF  
MELBOURNE



RMIT  
UNIVERSITY



MONASH  
University



ACU

AUSTRALIAN CATHOLIC UNIVERSITY



## Welcome back to Nutrition Corner ...

Milk, cheese and yogurt are naturally full of important nutrients such as calcium and protein. The unique package of vitamins and minerals they provide means these dairy foods have some pretty important health benefits! Importantly, if you have teenagers, they are going through their bone building spurts. They are also playing lots of sport so make **CALCIUM** rich foods their best friend for the next few years.

So you know that dairy foods are number one for bones and teeth. But did you know having enough milk; yogurt and cheese can be good for your heart, blood pressure and weight?

In fact, the Australian Dietary Guidelines say that consumption of milk, cheese and yogurt is linked to a reduced risk of heart disease, stroke, hypertension, type 2 diabetes, metabolic syndrome and colorectal cancer – some of the main causes of death in Australia. Dairy consumption is also associated with a healthy weight and has been shown to play an important role in sport and exercise performance.

Because of these great health benefits the Australian Dietary Guidelines recommend we include milk, yogurt, cheese and/or alternatives (mostly reduced fat) every day as part of a balanced diet. But most Australians aren't having enough!

*Enjoy your  
calcium!*





## Wednesday Morning Mass

**23rd March** – (Holy Week) Combined CRC/Sacred Heart  
10 Mannix—Mr Marshall

Special thanks to Ms Iaria and 9 Barton for leading mass on the 16<sup>th</sup> March.

**Please come along and join in every Wednesday at Mass. You are all welcome.**

### TERM 2 ROSTER

<b>13th April</b>	<b>Sacred Heart</b>
20th April	CRC, 10 McAuley - Mr Donahoo
<b>27th April</b>	<b>CRC, 7 Kiewa - Ms Canstallieris</b>
4th May	Sacred Heart
<b>11th May</b>	<b>CRC, 9 Lyons - Ms Gusman</b>
18th May	Sacred Heart
<b>25th May</b>	<b>CRC, 7 Wimmera - Mrs MacDonald</b>
1st June	Sacred Heart
<b>8th June</b>	<b>CRC, 8 Clark - Ms Iaria</b>
15th June	Sacred Heart
<b>22nd June</b>	<b>CRC, 10 Little - Mr Mead</b>

## Meet our Social Justice Captains

### Kathleene Mendoza Writes ...



*I am the Social Justice Environment Captain. The Environment provides us everything. Our food and all our resources. EVERYTHING and the truth is, we as a species have come to a point where we have taken advantage of the resources we have been given and we don't realise the damage we have done.*

*My goal in this position is to hopefully make the school a more environmentally friendly place, so that we are able to educate ourselves on the outcomes simple actions have on our world - for instance, littering or even recycling properly.*

*I believe that it is the little choices, made by many people that can have a world-wide effect. A little action, choice or word repeated by many, is the only way change will happen.*

*My goal isn't to make the world a better place instantly, however I want to continue adding to the momentum of people before us whose goal has been to make the world a better place; so that we can look forward to a brighter future where the earth isn't damaged.*

*In my role as Social Justice Environment Captain, I hope to leave a positive mark on our world. I look forward to what the future holds.*

### Chloe Nunan writes ...



*My name is Chloe and I am the Social Justice Captain-Action. My role as Social Justice Captain-Action is to help the wellbeing in our school community and organisations such as Caritas and the St Vincent De Paul Society.*

*My goal in this position is to gather our school community and become one in justice. I would like to give everyone an opportunity in our school to be able to suggest different ideas so that we build up our social justice knowledge and action. I want to continue to make the St Vinnies Crew an important group in the school and help guide the crew for the future.*

*I believe that the smallest changes can make the biggest impact and as the Social Justice Captain-Action I will continue my role by taking small steps at a time and being a good role model to my fellow students! I look forward to what this year holds for all of us at CRC St Albans.*



### Project Compassion

We are well into Lent and the Project Compassion Boxes are going well. Please continue to give generously.

Project Compassion Donation total to date **\$367.92**

We will still be collecting money for Project compassion in the first two weeks of term 2.

This is the 50<sup>th</sup> Year of Project Compassion

and this year's theme is:

"Learning more; creating change".

You are welcome to log onto the Caritas website to discover the stories which show how Caritas Australia are helping to empower the world's poorest people.

[www.caritas.org.au](http://www.caritas.org.au)



**YASHE**

**Young Adults Sacred Heart Emmaus**

**Meet each Wednesday, @ 7.30pm**

**ROOM 15**

**@ Sacred Heart Primary School**

## EASTER MASS TIMES IN OUR LOCAL PARISHES

SERVICE	HOLY EUCHARIST	EMMAUS	SACRED HEART	RESURRECTION
<b>SATURDAY</b> 19 March	Blessing of the Palms 6.00pm		Individual Reconciliation 11.00am—12 noon (Maltese)	6.00pm
<b>PALM SUNDAY</b> 20 March	9.00am, 10.30am, 12 noon (Vietnamese) 3.00pm (Samoan) 6.00pm	9.00am	8.00am 10.15am & 11.30am (English) 9.00am (Polish)	8.45am and 10.30am
<b>TUESDAY</b> 22 March				Sacrament of Reconciliation 7.00pm (2nd Rite) with Fr Noel & 12 priests
<b>HOLY THURSDAY</b> 24 March	Mass of the Lord's Supper 7.00pm	Mass of the Lord's Supper 7.00pm	Mass of the Lord's Supper 8.15 pm	Mass of the Lord's Supper 7.30pm
<b>GOOD FRIDAY</b> 25 March	Stations of the Cross 10.00am 3.00pm (English) 7.00pm (Vietnamese)	Solemn celebration of the Lord's Passion & Death 2.00pm	Stations of the Cross 11.00am Solemn Celebration of the Lord's Passion & Death 3.30pm	Stations of the Cross 10.00am Celebration of the Lord's Passion 3.00pm
<b>EASTER SATURDAY</b> 26 March	Blessing of the Food 11.00am and 5.00pm Vigil Mass 6.00pm 8.00pm (Vietnamese)	7.00pm	Blessing of the Food 10.00am Individual Reconciliation 10.00am (English) 5.00pm	Easter vigil 8.00pm Blessing of Easter Fire, Pascal Candle—Baptism and Confirmation.
<b>EASTER SUNDAY</b> 27 March	9.00am, 10.30am and 6.00pm 12.00 noon (Vietnamese), 3.00PM (Sudanese)	9.00am	8.00am 10.15am & 11.30am (English) 9.00am (Polish)	8.45am and 10.30am
<b>EASTER MONDAY</b> 28 March			9.00am 10.30am (Polish)	

CRC Wishes everyone a safe and Happy Easter



## It is that time of year again - It's Easter Raffle time!

We have already started selling tickets for the Easter Raffle, but if any parent would like to buy some, there will be a book in the office for sale. The prices are 50 cents for one but three for \$1 and all proceeds go to **CARITAS**. Parents are also welcome to donate any Easter related treats that can be used in the final draw. The winners will be drawn on the last day of school, which is

**Thursday the 24th of March.**



## Outdoor Education Snorkelling Trip Year 10

Tuesday 15<sup>th</sup> March, 2016

The year 10 Outdoor Education students travelled to Queenscliff on Tuesday 15<sup>th</sup> March for a day of snorkelling and learning about the marine issues in Port Phillip Bay. Students persevered the windy weather which gave them a very bumpy boat ride and choppy water while snorkelling!

The sites under the water were worth the poor weather with students viewing a range of marine life and some students going for an adventurous jump off the pier into the water!

At the marine Discovery Centre students could hold a range of sea creatures in the 'touch tank'. They also heard valuable information about the Northern Pacific Sea Star, which will be important for completing their SAC early next term.

Miss Moss, Mr Quinn, Emma and Jimmy would like to recognise the great behaviour of students on the day and look forward to preparing the students for their overnight hike in May.



## KEY DATES TERM 1

**Tuesday 22 March**

SACCSS Interschool Swimming  
7 Wimmera Family Night

**Thursday 24 March:**

Stations of the Cross  
Final Day Term 1

*(students finish @ 3.05pm as usual)*

## KEY DATES TERM 2

**Thursday 14 April:**

Student Parent Teacher interviews  
(2.20pm dismissal)

**Monday 18 April:**

School Review Day 1

**Tuesday 19 April:**

Student Parent Teacher interviews  
(2.15pm dismissal)

**Friday 22 April:**

Year 7 Reflection Day

**Tuesday 03 May:**

SACCSS Interschool Cross Country

**10 – 12 May:**

NAPLAN Testing Years 7 & 9 students

**Tuesday 17 May:**

Staff Professional Learning Day  
(students not required)

**Friday 27 May:**

Feast Day

**Thursday 02 June:**

Year 10 Drama Performance evening

**Wednesday 08 June:**

Year 10 Music Performance evening

**Monday 13 June:**

Queen's Birthday holiday  
(no classes)

**15 – 20 June:**

Years 9 and 10 exams

**Tuesday 21 June:**

Correction Day  
(students not required)

**Thursday 24 June:**

Final day for Term 2  
Year 10 University and TAFE visits