



### *The Power of Forgiveness*

*Father, bless me with  
the wonderful power of  
forgiveness  
give me the grace to  
unconditionally forgive those  
who have done me wrong.*

*Give me the strength to  
let go of all ill-will,  
the strength to forgive myself of  
my own failings and  
wrong doing,  
knowing that you have  
already forgiven me.*

*Free me of all anger,  
bitterness,  
hate and unforgiveness.*

### *From the Principal . . .*

**As you all know this year we're celebrating the Year of Mercy. Earlier this year, in preparation for our opening mass, we asked students to discuss what mercy looks like and feels like. Their responses were far ranging, covering many different forms of reaching out, walking with or giving others a break. However, by far, the most common word associated with mercy was forgiveness.**

In this year of Mercy, Pope Francis has asked us to live more fully the Spiritual and Corporal Acts of Mercy. Over the next few weeks we, as a school community, will unpack the spiritual and corporal acts of mercy to explore what they're challenging us to do.

In the 'Families Matter' section of the newsletter we've included a story from Australian Catholics about a broken friendship and the need for forgiveness. It might provide some 'food for thought' and discussion.

Every time we say the 'Our Father' we pray the words, 'forgive us our trespasses as we forgive those who trespass against us'. I wonder how often we pause to think about what these words actually mean. Saying sorry is something we learn as kids, but do we always really mean it? How often do we bear grudges, even after we've said sorry or accepted an apology? Something to think about this week!

### *Year 11 Pasta Night*

Our school community garden produced a bumper crop of tomatoes over the summer. As a thank you to our former students (now in Year 11) for all the work they did in setting up the garden, we had a Pasta Night on Tuesday. Over 70 students attended. It was great to catch up with them, to hear how they're going at CRC Sydenham, and to enjoy the pasta with sauce made from our very own tomatoes!

Thank you to Hayden O'Doherty and the student leaders who worked very hard on Monday night to prepare the sauce and who hosted the evening. I hear that they produced many litres of sauce which has been frozen and will be on sale to raise funds for the 'Loaves and Fishes' food bank. Congratulations to all involved.

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## *SACSS Cross Country*

Unfortunately, last week's Interschool Cross Country was cancelled due to the high winds and stormy weather. At this stage, we are unclear as to when the event will be re-scheduled.

## *Staff Planning Day: Tuesday 17 May*

Just a reminder to families that Tuesday 17 May is a staff planning day so students are not required at school on this day.

Year 10 students taking a VET course at CRC Sydenham on Tuesdays will still have classes.

Staff will be working on a range of projects, including course review and planning for the new Victorian curriculum; Emergency Management training and planning for the review of the Year 8 program.

## *Co-curricular activities*

Reading the daily student bulletin is always interesting as it gives an insight into the many opportunities that students have to be involved and to learn beyond the classroom learning program. Just in today's bulletin students were invited to the following:

- Practice for the Dante Alighieri poetry competition (Years 9 and 10)
- Chess Club at lunchtime
- AFL training for girls
- Interschool Basketball training
- Percussion ensemble
- Year 10 study group (ATAR plus) which meets on Tuesday and Thursday mornings at 8am.
- Rostrum speaking.

I thank all who assist in planning and organising these activities. The theme at Year 7 this term is 'Belonging'. One way of really finding your place in the school community is through involvement in a range of activities. I encourage all students, but Year 7 students, in particular, to try out and participate in as many activities as they can.

## *Feast Day 2016*

On **Friday 27 May** we celebrate our College Feast Day. This is a much anticipated day on the College calendar. The day involves mass, activities in year levels and the annual Feast Day Carnival.

Over the past few weeks the SRC has been working hard to plan the Carnival whilst the Liturgy Team is finalizing the mass and year levels are planning their session. We're very appreciative of the work all groups are doing.

Feast Day is a great day for families to get involved and to help in running activities. We're looking for family members who might be able to spare a few hours to help with the carnival.

Helpers would need to be available from about **11am** until **2.30pm**, however, are very welcome to join us earlier for mass at 9.45am. This is a good chance to meet other parents and to be part of the fun. If you can assist with the sausage sizzle, making fairy floss, serving at the café, running the Photo Booth or the High Striker, helping with Human Table Soccer or one of the many other activities please let us know. No prior experience is needed!

If you can help, please fill out the reply slip at the end of the newsletter and return this to the College. Alternatively, you can ring Jill on 9366 2544 to let her know you're available.

## *Feast Day Mass*

Mass will be at 9.45am in Sacred Heart church. Families are warmly invited to join us for mass.

## *Arrangements for Feast Day*

School will begin at the normal time of 8.40am and conclude at 3.05pm. It's expected that all students attend unless they're sick. Days such as Feast Day are important in building community and school spirit. Not that anyone would want to miss out on the sumo wrestling, rock climbing, giant slide human table soccer, the jumping castle and other activities too numerous to mention!

Students can come in casual clothes and there is no charge. All carnival activities are free, however, there is a small cost for food. The canteen is open throughout the carnival and there'll be a sausage sizzle and fairy floss. Students are encouraged to bring their lunch.

Hopefully we are blessed with a fine day! An alternative program will run should it rain.

### *Input on suggested changes to the uniform*

The proposed items will be on display in the school office from **Monday 02 May until Friday 27 May**. We invite students and families to take a look and to give feedback, either directly to Jill or by email to [enquiries@crcstalbens.com.au](mailto:enquiries@crcstalbens.com.au).

### *Newsletter*

The newsletter is published fortnightly and distributed on **Day 5 (Friday Week 1)**. Students will have a chance to read it before placing it in their diary to be taken home to parents that evening.

Newsletter Days for Term 2 2016:

Fridays: 26 May, 10 June, 24 June

The newsletter can also be accessed on Friday morning (Day 5) on the College website at: <http://www.crcstalbens.catholic.edu.au>

### *Applications for Year 7 2017*

Enrolments are now being taken for Year 7 2017. Application forms and College Information packs can be obtained from the front office at any time. The application form can also be downloaded from the College website at: [www.crcstalbens.catholic.edu.au](http://www.crcstalbens.catholic.edu.au).

### *Since our last newsletter.....*

Over and above the day to day activities of the school since our last newsletter students, families and staff have participated in the following:

10 MacKillop Community Service

NAPLAN testing

Project Rokkit Cybersafety (Year 9)

Verbal Combat drama performance (Year 7)

Year 7 Premier League

Art Gallery visits (Year 7 and Year 10)

Year 10 Drama excursion

Outdoor Education camp

I am sure that students and their families are very appreciative of all these opportunities and the time and energy that staff put into organising and offering these experiences.



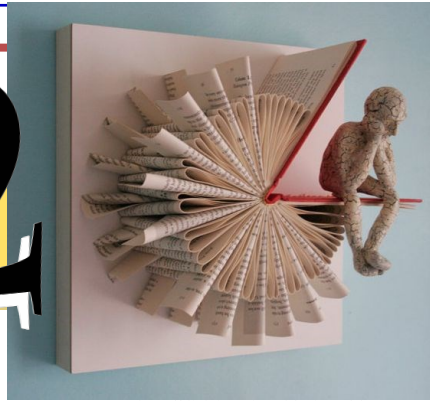
CHRISTINA UTRI  
PRINCIPAL



TIME



CATHOLIC REGIONAL COLLEGE

<http://dishfunctionaldesigns.blogspot.ca/>

READ

MAY 2016

ST ALBANS LIBRARY NEWSLETTER

## Readers Cup Leader Board

There has been some movement in the Leader board this fortnight. 7 Yarra has moved up from 7<sup>th</sup> place to displace 8 Hollows from 4<sup>th</sup> place, pushing them down to 6<sup>th</sup>. Mackillop, Little, Edison and Mannix have all moved up. **Congratulations to everyone. . . . Keep reading**

WIMMERA

KIEWA

SNOWY

YARRA

ORIFICI

HOLLOWS

DEAKIN

HUGHES

MACKILLOP

BARTON

ATTARD

LITTLE

O'CONNELL

EDISON

MCAULEY

MANNIX

CURTIN

LYONS

CLARK

### The Outliers (#1)

by Kimberly McCreight

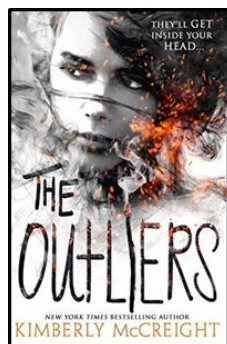
*Imagine if you could see inside the minds of everyone around you – your best friend, your boyfriend, your enemies...?*

*Imagine how valuable you'd be...*

*Imagine how much danger you'd be in...*

*Imagine being an Outlier.*

Wylie hasn't heard from her best friend, Cassie, since their fight. That doesn't matter when she gets a text from her, asking for help. But as Cassie's messages become increasingly strange, Wylie has a growing sense that something is REALLY wrong. What isn't Cassie telling her? And could finding her be just the beginning?



### Clash of the Worlds (House of Secrets #3)

by Chris Columbus, Ned Vizzini, Chris Rylander

*The Walker kids - Cordelia, Brendan and Nell - may have saved the world, but they can't save their home. Things can't get any worse, but then...*

Turns out the Wind Witch is still alive and planning and invasion. To defeat her the Walkers must split up and embark on a dangerous quest - facing aliens, dinosaurs and monstrous creatures from the deep.

The Walkers always look out for each other, but now must go it alone in their most important mission yet. And this time, if they fail, there's no coming back...

[www.filigranes.be](http://www.filigranes.be)

## Makerspaces

The library is experimenting with some new initiatives by bringing activities into the Library environment. This is known as makerspaces. This allows students to be creative during their free time at recess, lunchtime and after school. The activities have been community colouring, large jigsaw puzzles, a construction kit and an electronics kit. So far it has been very successful, with many students and some staff taking part

### What's on when..

Mindful colouring - Jigsaw Puzzles  
Construction kit - Electronics kit  
Chess Club Wednesdays @ Lunchtime  
READING HOUR:  
Tuesday 24<sup>th</sup> May, Friday 24<sup>th</sup> June

### Remember we can help with:

Computer access, Computer assistance, Reading selection  
Homework help, Chess and card games are available  
in the library for quiet use at recess and lunchtime



Remember you can access the Library through the school web page [www.crcstalbans.catholic.edu.au](http://www.crcstalbans.catholic.edu.au)



## Official Hymn for the Year of Mercy

### Wednesday Morning Mass TERM 2 ROSTER

18th May  
Sacred Heart

25th May  
CRC, 7 Wimmera—Mrs MacDonald

1st June  
Sacred Heart

8th June  
CRC, 8 Clark—Ms Iaria

15th June  
Sacred Heart

22nd June  
CRC, 10 Little—Mr Mead

A big thank you to Miss Gusman and 9 Lyons for leading us in Mass on Wednesday 11<sup>th</sup> May. We invite all members of the school community to attend Wednesday Morning Mass.

We give thanks to the Father, for he is good  
He created the world with wisdom  
He leads his people in history  
He forgives and welcomes His children

Let us give thanks to the Son, Light of the nations  
He loved us with a heart of flesh  
we receive from Him, to Him we give ourselves  
the heart to open to those who hunger and thirst  
*Misericordes sicut Pater!*  
*Misericordes sicut Pater!*

We ask the Spirit the seven holy gifts  
source of all good, sweet relief  
comforted by Him, offer comfort  
love hopes and endures all things

We call for peace to the God of all peace  
the earth awaits the gospel of the Kingdom  
grace and joy to those who love and forgive  
will be the new heavens and the earth  
*Misericordes sicut Pater!*

**Wednesday 22<sup>nd</sup> June 2016**  
**Where: College Hall**  
**Maximum Participants: 40**

**ST VINNIE'S  
CREW**

This year the winter sleepout will be bigger than ever! If you are interested in attending, please complete an application form (found in the front office) and return it to Mr Marshall by Friday 10<sup>th</sup> June. Be early and be quick as we have a limit of 40 participants. We will be collecting Beanies, Scarves and Gloves this year to donate to the St Vincent De Paul Society. We ask that everyone in our school community makes an effort to donate these items towards the Winter Sleepout. On the day of sleepout we are also asking students to make a gold coin donation towards the event. More details to follow in the next few weeks.

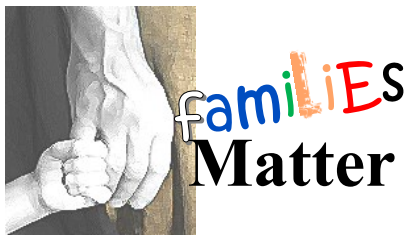
# Winter Sleepout

**WEDNESDAY 22ND JUNE**

**DONATIONS  
NEEDED:  
BEANIES,  
SCARVES AND  
GLOVES**

**HELP CRC ST ALBANS HELP THE HOMELESS**





### WORLDWIDE MARRIAGE ENCOUNTER WEEKEND

#### *Invest in your most precious asset .....Your Marriage!*

Forget life's tensions and interruptions and rekindle the closeness, intimacy, love and romance that brought you together. Recharge your relationship, explore the nature of your marriage and share your feelings, hopes and dreams with each other in ways that normal, daily living tends to inhibit.

*No group sharing. Couples and a priest present the weekend. Based around Catholic values but couples of all faiths are welcome.*

#### **2016 Melbourne Dates :**

**17-19 June, 19-21 Aug, 11-13 Nov**

*Starts 7pm on Friday.*

*Ends 5pm Sunday. Accommodation and all meals provided.*

**Info/Bookings: Marianne & Marcel**

**03 9733 0997**

Email: [vicbookings@wwme.org.au](mailto:vicbookings@wwme.org.au)

Website: [www.wwme.org.au](http://www.wwme.org.au)

## Holding onto grudges doesn't help us, or our friends.

Three years ago a good friend and I had a massive falling out. I was so filled with hatred I found myself saying and doing things towards my 'friend' that I would have never thought of doing before. Not because I wanted her to suffer, but because I blamed her for something that was also equally my fault. At the time I didn't see that, though, because I was too focused on what she had done wrong.

**Today, I think its pretty safe to say that if I had done the Kokoda challenge with anyone else by my side I wouldn't have been able to make it.**

Several months passed and not a single word was said between us. Until one day I was in a room with my now ex-friend and a couple of other people. I joined in the conversation they were having. What she had done to me was constantly ticking through my mind but I decided to put it aside. I still had not forgiven her though, and I could tell she hadn't forgiven me.

That night I sat down and thought about all the amazing times we had together. How I missed her and our special friendship. That was when I realized how friendships and arguments are always two-sided.

Later that year, the school was offering students the opportunity to participate in the Kokoda challenge, a 48km trek through the bush in the Gold Coast Hinterland. It was something that my ex-friend and I had wanted to do for a long time.

I hadn't found a team, and I learned that she needed one more person in her team to participate. I knew that it would mean several hours training with her. But I desperately wanted to participate. I mustered up all the courage I had and approached her.

'I know we've had our differences in the past', I said, 'but do you think we could put them aside to do Kokoda, like we had been planning to do since we first became friends?'

I felt completely vulnerable, not because I was so desperate to partake in the trek, but because I thought she wouldn't forgive me. To my surprise she accepted me almost instantly, saying, 'Of course! I'd love to!'

Today, I think its pretty safe to say that if I had done the Kokoda challenge with anyone else by my side I wouldn't have been able to make it. It was one of the physically hardest things I've ever had to do but having her by my side every step of the journey made it that much easier. Forgiving is one of the hardest things to do, but it reaps the best rewards in the long run.

**Ella Brennan**

## SCHOOL FEES

**All families should have received an updated statement balance as of 30th April.**

*A reminder that First Term Fees are now overdue*

If families are having any difficulties with school fee payments please do not hesitate to contact me as soon as possible at the college office, on: 93662544. **Anne Ross**

If school fees are paid in full before the end of this term, a

**\$100 DISCOUNT**

will apply.



## Catholic Regional college St Albans

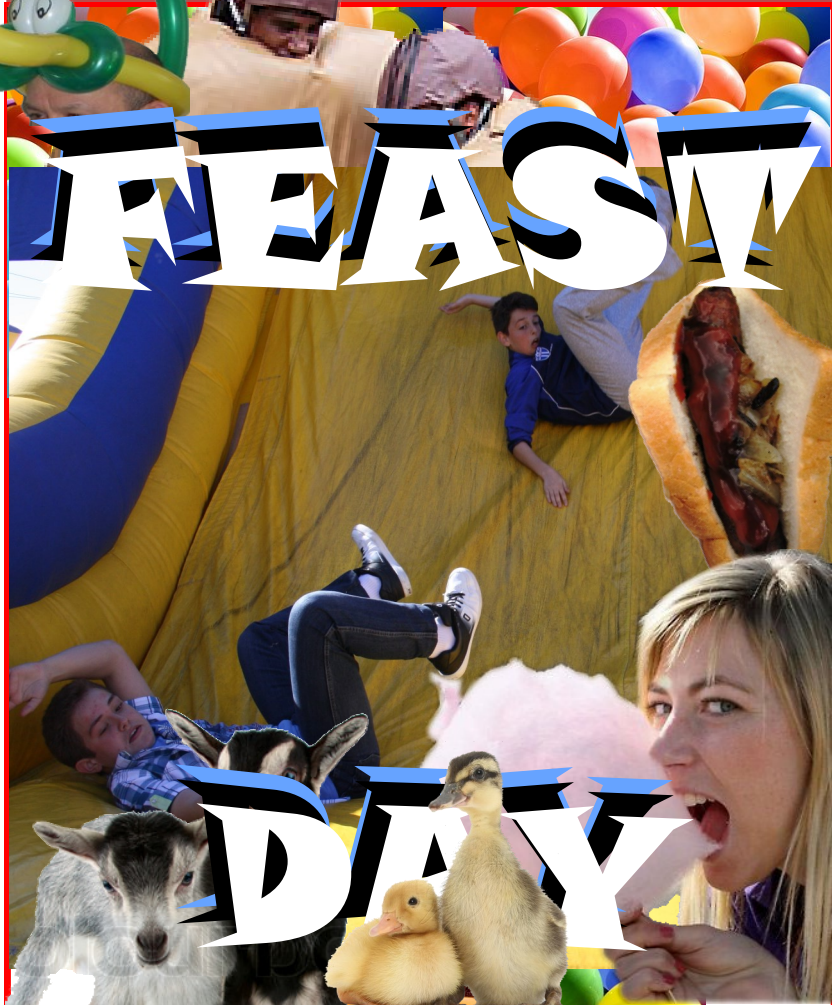
### Are you enrolling your child into Year 7 in 2017?

To enrol call **Anne Stokie** on **9366 2544** or visit [www.crcstalbens.catholic.edu.au](http://www.crcstalbens.catholic.edu.au) for more details



### Thông báo nhập học cho các em học sinh lớp 7 năm 2017

Trường hiện nay đang nhận đơn nhập học cho các em học sinh lớp 7 năm 2017. Mẫu đơn và thông tin có thể thu được từ văn phòng của trường CRC St Albans bất cứ lúc nào. Quý phụ huynh có thể tìm thấy mẫu đơn nhập học từ trang web của trường tại [www.crcstalbens.catholic.edu.au](http://www.crcstalbens.catholic.edu.au)



**YOUR  
MOMENT  
TO MAKE A  
DIFFERENCE**

*Make a difference in your community and join Australia's largest logistical peacetime operation – the 2016 Census of Population and Housing.*

Census night is August 9, and the Australian Bureau of Statistics is right now looking for dedicated, enthusiastic self-starters to fill up to 6,900 Field Officer positions across Victoria. If you're community minded and comfortable using a mobile or tablet device, the ABS wants to hear from you.

Field Officers play a critical role by visiting households and ensuring everyone makes the Census count. They'll also earn around \$21 an hour and enjoy flexible, part-time work hours for up to 3 months. To do the job you'll need to be a good communicator, reasonably fit, licensed to drive and able to travel and work independently.

To apply or find more information, visit [www.abs.gov.au/careers](http://www.abs.gov.au/careers)

## **Year 9 & 10 Examinations**

**This semester's exams begin on Tuesday 14th June and conclude on Monday 20th June. Next week students will receive a letter outlining the exam schedule in more detail. As we are now well into Term 2, Year 9 and 10 students should be preparing in earnest for their exams. It is important that students develop and adhere to a study routine and follow the advice of their teachers in order to prepare thoroughly for all exams. We wish them well with their studies.**

It is almost two weeks until our eminent Feast Day, which will begin with a whole-school mass celebration, then PC activities within individual homerooms, and finally the much anticipated school carnival. This day is rather prominent and possesses a profound purpose within our school community, as it is a time of gathering as one, spending time with our friends and classmates, creating new bonds and memories, celebrating our school spirit, taking part in the celebration of the school liturgy, and, simply taking a break to acknowledge the hard work and effort put in by both students and teachers so far. This year, the school community would like to warmly invite any interested parents to come along and partake in our school mass and to help out with our carnival activities. . . . Until then, the countdown before Feast Day continues!

**If you are a parent and would like to help on one of our stalls, please fill in the slip below.**

—Glydel Lawang

**YES! I would like to help out on FEAST DAY 2016.**

Parent's Name: ..... Contact Number : .....

Student's Name : ..... Class : .....

I am available between 11am and 2.30pm and can offer the following skills : .....

**Please return this reply slip to Jill at the college office by Monday 23rd May 2016, or give her a call on: 9366 2544**



## Its University/Tafe Open Day season! Make it a family outing.

*Take the time to visit the following Open Days as there's lots to see and find out about for your child's further education and future career pathways.*

### **Australian Catholic University (ACU)**

August 14th 2016 (Sunday)

Open Day Melbourne 10am-4pm

August 28th 2016 (Sunday) Open Day Ballarat 10am-3pm

### **Deakin University (DEAKIN)**

August 7th 2016 (Sunday) Warrnambool Campus

August 21st 2016 (Sunday)

Geelong Warrnambool & Geelong Waterfront Campuses

August 28th 2016 (Sunday) Melbourne Burwood Campus

### **Federation University (FEDUNI)**

August 28th 2016 (Sunday)

Open Day Ballarat & Gippsland Campuses 10am-3pm

### **La Trobe University (LATROBE)**

August 7th Melbourne Campus

### **Monash University (MONASH)**

August 6th 2016 (Saturday) Peninsula Campus

August 7th 2016 (Sunday)

Caulfield and Clayton Campuses

### **RMIT University (RMIT)**

August 14th 2016 (Sunday) Open Day

### **Swinburne University of Technology (SWINBURNE)**

July 31st 2016 (Sunday) Hawthorn campus

### **University of Melbourne (MELBOURNE)**

August 21st Melbourne Campus

### **Victoria University (VU)**

August 28th 2016 (Sunday) Footscray

## Work Experience 2016 18<sup>th</sup> July-22<sup>nd</sup> July

*Year 10 students are currently finding work experience in their identified area of interest. Parents need to sign the work experience form along with employers. It is essential that parents get this form back to the school as soon as possible.*

*The final date for work experience forms is June 10<sup>th</sup> please contact Jill or Jacinta on 93662544 if you are having difficulty finding placement for your child.*

## KEY DATES TERM 2

### **Tuesday 17 May:**

Staff Professional Learning Day  
(students not required)

### **Friday 27 May:**

Feast Day

### **Thursday 02 June:**

Year 10 Drama Performance evening

### **Wednesday 08 June:**

Year 10 Music Performance evening

### **Monday 13 June:**

Queen's Birthday holiday  
(no classes)

### **Tuesday 14 – Monday 20 June:**

Years 9 and 10 exams

### **Tuesday 21 June:**

Correction Day  
(students not required)

### **Friday 24 June:**

Final day for Term 2  
Year 10 University and TAFE visits

### **WANTED - MORNING LIFT TO SCHOOL**

Seeking morning pickup from McCubin Drive / Robertsons Road Taylors Lakes to bring student to the CRC ST Albans campus for school. If you are able to help, please contact Maria Winton: 0414 900 018.