



Dear God,

Help me to always act with integrity
and do the things I love to do,

Like love,

laugh,

play and, of course,

learn.

Help me to do them as well as I
possibly can.

In my own little, or big, way,

help me to make a difference.

But, when I am doing the things I
don't really want to do,

Give me the strength to do them well too,

for I know there is a positive

in everything.

Amen.

From the Principal . . .

Feast Day

Two weeks ago, student and staff enjoyed a terrific Feast Day. The day began with mass, followed by some lively activities in pastoral care (think Limbo, Nutbush, Celebrity Heads, Pictionary, Scattergories, Trivia, the Chicken Dance.....) and then the much anticipated Feast Day carnival. Blessed with good weather we enjoyed a day that was perfect in all ways. Everyone was in fine spirits and it was great to see students and staff just having fun!

Thank you to Fr. Tuan Anh Do from Holy Eucharist who led the celebration of mass, to Fr. John O'Reilly who concelebrated and to the students and staff who prepared our liturgy: the choir, the liturgy team, readers, servers and those who led the gathering rite and prayers.

Thank you also to the staff and students who organized the pastoral care activities, helped with setting up the carnival and assisted in cleaning up at the end of the day.

As always, Feast Day is the work of many hands. We're very appreciative of the assistance of friends and family on days such as this. Thank you to **Mark and Rebecca Ruel, Rosemary Balfour, Mirjana Strmota, Sadie Hadad, Louia Alsammour, Ana Rios and Carina Jarlego** who helped on the various food stalls and with activities.

The Feast Day carnival was once again a winner. Thank you to Mr. Kevin Quinn and the Student Leaders on an outstanding job in organizing the carnival.

Rostrum Voice of Youth Public Speaking competition

Congratulations to Piath Monoah who has made it to the Victorian Finals of the Rostrum Voice of Youth Public

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Continued from Page 1

Speaking competition on Sunday 19 June. We wish Piath well. This is a terrific achievement.

Year 10 Drama Night

It has been a big fortnight for the Year 10 Performing Arts classes. Last week we enjoyed a night at the theatre with the Year 10 Drama students. As part of their assessment, this talented group of actors performed two pieces; an interesting and topical group devised piece on the '7 Deadly Sins' and then some very entertaining excerpts from Romeo and Juliet.

Congratulations to all involved, particularly Ms Mhairi Shepherd, the Year 10 Drama teacher. It was a terrific night. Thank you to all the family, friends who supported the night.

Year 10 Music Night

This week we enjoyed a change of pace at the Year 10 Music Night. Once again it was a terrific night. A talented group of musicians and vocalists presented a diverse and engaging program of music. It was an entertaining and enjoyable night, a lovely break in a busy week.

I thank all the Year 10 music students and Mr Chris Torok, their teacher, for a great night, and all the families, friends and staff who came along to support them.

Thank You

Thank you to Ms Lee-Anne Steele and her team of Healthy Eating ambassadors for again focussing us on healthy eating this week and providing a range of healthy treats at recess and lunch. In the lead up to exams and the completion of end of semester assessment, it is a timely reminder that we need good fuel to perform at our best.

Congratulations

Last week our Years 9 and 10 basketballers (boys) represented the College at the Victorian College Championships at MSAC. They won the Western Region Intermediate Boys'

final and will now go on to play in the State finals at the end of July. We are very proud of this group of young men, not only for winning the final but also for the way that they presented themselves and the College. Their team spirit and sportsmanship was excellent. We wish them well for the finals. Thank you to Hayden O'Doherty for his work in coaching the team.

Family Nights

Last week we had the opportunity to share a meal and conversation with Year 9 students and their families. We met with Vietnamese students and their families on Tuesday night and then South Sudanese students and their families on Wednesday night. It was an opportunity for the College to share information around preparation for exams, the Parent Access Module (PAM) and key events in Semester 2, but more importantly, it was a chance for students and their families to give us feedback around 3 key questions:

- *What do we do well at CRC St Albans?*
- *What could we do better?*
- *How can we help you to support your child's learning?*

Both nights were lots of fun, with boisterous conversation and many ideas once everyone got going. We learnt new things about Vietnam through Vietnamese trivia and gained many insights in both Vietnamese and South Sudanese family life and aspirations. It was great to see students and their families sharing ideas and discussing the experience of school. Thank you to all the Year 9 students who assisted us in crossing the barriers of language by acting as translators.

I thank all the families for attending, Mr Tung Phan, Mr George Atem, Mr Quinn and their two teams of students for organising the evening.

Correction / Report Preparation Day

Students are not required at school on Tuesday 21 June. This day has been set aside for the correction of exams, finalisation of assessment and preparation for end of semester reports.

Newsletter

The newsletter is published fortnightly and distributed on **Day 5 (Friday Week 1)**. Students will have a chance to read it before placing it in their diary to be taken home to parents that evening.

Newsletter Days for Term 2 2016:

Friday: 24 June

The newsletter can also be accessed on Friday morning (Day 5) on the College website at:

<http://www.crcstalbans.catholic.edu.au>

Applications for Year 7 2017

Enrolments are now being taken for Year 7 2017. Application forms and College Information packs can be obtained from the front office at any time. The application form can also be downloaded from the College website at www.crcstalbans.catholic.edu.au.

Since our last newsletter.....

Over and above the day to day activities of the school since our last newsletter students, families and staff have participated in the following:

Premier League (Year 7)

Ball Sports and Coaching peer training sessions at St Paul's (Year 10)

Chess Club

Sport Training / Clubs:
futsal, soccer, volleyball, basketball.

Year 7 Health excursion

Trinity First Aid training

Science ICAS competition

Victorian College Basketball Regional Championships

Year 8 Rotation activities

Year 10 Drama Night

Year 10 Music Night

Author in Residence: Demet Dovaroren

Health Eating week

I am sure that students and their families are very appreciative of all these opportunities and the time and energy that staff put into organising and offering these experiences.



CHRISTINA UTRI
PRINCIPAL



Wednesday Morning Mass

TERM 2 ROSTER

15th June
Sacred Heart

22nd June
CRC, 10 Little—Mr Mead

A big thank you to 8 Clark and Ms Iaria for leading us in Mass on Wednesday 8th June.
It was a wonderful mass and the students involved were extremely well prepared and reverent.
We invite all members of the school community to attend Wednesday Morning Mass.

Feast Day Mass

Thank you to all the students who planned, prepared and participated in the Feast Day Liturgy on the 27th May. The celebration of mass was peaceful and we were able to genuinely reflect on the theme of "Forgiveness".

Fr Tuan Do (Parish Priest of Holy Eucharist) led us in our liturgy and shared his thoughts and ideas on how we can be forgiving people. We thank Fr Tuan for his attendance and look forward to his ongoing work with the college.

Thank you also to Ms Utri, Ms Petruccelli, Miss Bohan and Ms Carswell for their input and creative ideas that helped to make our Feast Day Liturgy a very special one.

Thanks again to the students involved. Your contributions were greatly appreciated:

- | | | |
|------------------------|-----------------------|--------------------|
| Declan Grech 8 Hw | Adoor Agang 9 BR | Janaya Nheu 8 Ed |
| Justin Callos 9 Cr | Kenny Elliot 9 Dk | Awer Makuach 8 Ed |
| Danika Alwyn 8 Or | Euiny JR Tufuga 9 Hg | Fabian Castro 9 Cr |
| Emily Aguila 9 Cr | Deng Shan 9 Cr | Marin Yabut 10 Li |
| Alyssa Martinez 10 Mx | Ashang Lagur 9 Hg | Aron Martinez 7 Ki |
| Ilyssa Mendoza 10 O'c | Albana Gegaj 9 Ly | Xuan Dien Vo 8 Or |
| Caitlyn Gonsalves 9 Dk | Nour Alsammou 9 Ly | Andy Nguyen |
| Isabella Audino 10 Li | Kaila Alinea 9 Ly | Frankco Senio 8 Of |
| Missialatise Maoluma | Augustine Morris 7 Ya | Minh Vo 9 Dk |
| Year 9 Dk | Angelina Ho 7 Ya | - Tran Lu |
| Jenia Lai 10 Mc | Bolis Nyok 9 Dk | |
| Annie Dinh 10 Mx | Angelina Joy Cunanan | |
| Czecibel Binghay 10 Mx | Year 9 Dk | |
| Patricia Dabu 10 Li | Vincent Le 9 Cr | |

ST VINNIE'S CREW

Winter Sleepout

WEDNESDAY 22ND JUNE

We will be collecting **Beanies, Scarves and Gloves** this year to donate to the St Vincent De Paul Society. We ask that everyone in our school community makes an effort to donate these items towards the Winter Sleepout. You can hang your scarves and beanies etc... on the Winter Sleepout Appeal Tree located in the front office.

Donations: Beanies, Scarfs and Gloves

HELP CRC ST ALBANS HELP THE HOMELESS





MORE FEAST DAY FUN

KEY DATES TERM 2

Monday 13 June:
Queen's Birthday holiday
(no classes)

Tuesday 14 – Monday 20 June:
Years 9 and 10 exams

Tuesday 21 June:
Correction Day
(students not required)

Friday 24 June:
Final day for Term 2
Year 10 University and TAFE visits

History box incursion for Year 7 humanities was held in the Library on Tuesday 7th June



DRAMA PRODUCTION

Romeo and Juliet

Year 10 students performed excerpts from *Romeo and Juliet* at lunchtime on Thursday 2nd June to an appreciative audience of Year 10 students. The lunchtime production was preparation for the family performance that night.



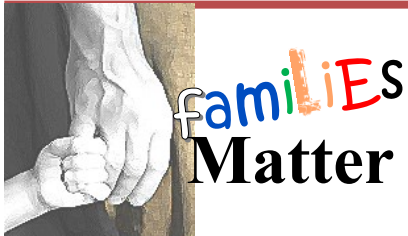
WOMENS NETBALL

All welcome to join
FREE PILOT PROGRAM
Coburg Basketball Stadium
25 Outlook Rd Coburg Nth
WEDNESDAYS 10-11am
1st, 8th, 15th & 22nd June



ROCK UP NETBALL

FOR MORE INFORMATION & REGISTER:
rockupnetball.com.au or 9321 2222



YEAR 8 PSL CLASSES

At CRC ST Albans during Terms 2 & 3, our Year 8 students engage in a range of activities during their Personal & Social Learning classes (PSL). Some of these activities will include Meditation, Martial Arts, Gardening, Dance and Research in Community Health activities.

Due to the nature of these activities, Year 8 students are allowed to wear PE uniform on these days. The dates for these classes are as follows:

Thursday 16 June, Thursday 23 June, Thursday 14 July and Thursday 21 July.

PE uniform may be worn on the above dates only, unless your child has a PE class scheduled in their timetable.

SCHOOL FEES

If school fees are paid in full before the end of this term; Friday 24th June, your family will be eligible for a

\$100 DISCOUNT

If your family is having any difficulties with school fee payments please do not hesitate to contact me as soon as possible at the college office, on: 93662544. *Anne Ross*

Public speaking competition



Work Experience 2016 18th July—22nd July

The final date for work experience forms is June 10th. It is essential that parents get this form back to the school as soon as possible. Please contact Jill or Jacinta on 93662544 if you are having difficulty finding placement for your child.



Catholic Regional college St Albans

Are you enrolling your child into Year 7 in 2017?

To enrol call **Anne Stokie on 9366 2544** or visit



Thông báo nhập học cho các em học sinh lớp 7 năm 2017

Trường hiện nay đang nhận đơn nhập học cho các em học sinh lớp 7 năm 2017. Mẫu đơn và thông tin có thể thu được từ văn phòng của trường CRC St Albans bất cứ lúc nào. Quý phụ huynh có thể tìm thấy mẫu đơn nhập học từ trang web của trường tại www.crcstalbens.catholic.edu.au



Year 9 & 10 Exams

Tuesday 14th – Monday 20th June

Next week marks the beginning of the Year 9 and 10 Examinations. Students should be preparing in earnest for their exams. It is important that students develop and adhere to a study routine and follow the advice of their teachers in order to prepare thoroughly for all exams. We wish them well with their studies.

Exam Schedule

Period	Tuesday 14 th June (Day 7)	Wednesday 15 th June (Day 8)	Thursday 16 th June (Day 9)	Friday 17 th June (Day 10)	Monday 20 th June (Day 1)
1 & 2	Year 10 English	Year 10 Religion	Year 9 Maths	Year 9 Humanities	Year 9 Languages
3 & 4	Period 3 Yr 10 study in class Period 4 electives	Year 9 English	Year 10 Humanities	Year 9 RE	
5 & 6	Year 10 Italian (during scheduled class time)		Year 10 Science	Year 10 Maths	Year 9 Science

Year 9

Year 9 have Trinity on Day 7 and will have regular classes outside of exams.

Year 10

Year 10 students will have full school day on Tuesday 14th June but only come to school for exam time (20 minutes prior to commencement) on Wednesday to Friday.

(Students studying VET or VCE have regular classes on Tuesday and Wednesday).

Normal school day for Year 10 students on Monday 20th June.

Students must be in full school uniform.

If a student is sick on the day of the exam, parents need to notify the school in the morning.



Brimbank Men's Health Day 2016

Thursday 16 June 10am-2pm

Westvale Community Centre 45 Kings Road, St Albans

Guest Speaker David Parkin

10.30am Information Session 1 Brimbank City Council Services Find out about the services Council provides to support the community maintain health and wellbeing. Council delivers a broad range of services including (but not limited to) men's focused programs, family & children's, seniors' & aged care, youth, leisure & recreation, volunteering and learning services. **11.10am Information Session 2** Men's Health Services in Brimbank Find out about local health & community service providers, what services are available and how to access them. 11.40am Break 11.50am Official Welcome Official welcome from Brimbank City Council Administrator. **12.20pm Guest Speaker: David Parkin** Media personality, former AFL player and coach, educator, author and Men's Health advocate David Parkin will speak about his health battles and the importance of seeing a GP. **1.10pm Workshop Life! diabetes, heart disease & stroke prevention** Symptoms and risk factors of diabetes, heart disease and stroke. Healthy eating and physical activity tips to reduce your risk of developing these conditions. Life! Learn how you can participate in this 6 month program. **1.50pm Presentation Brimbank Men's Health & Wellbeing Community Discussion Paper** Presented by Lentara Brimbank Men's Shed & Melton-Brimbank Men's Health Network

All day activities Pop-Up Westvale Men's Shed Learn about Men's Sheds. Take part in outdoor activities, make your own key holder and join the social group. Health Checks 15 minutes *Book on the day. Health Check involves: • Height & Weight ratio • Body Mass Index • Blood Pressure • Resting Heart Rate • Total Blood Cholesterol • Blood Glucose **DIY Workshop** Make your own toolbox with Bunnings, Taylors Lakes. **Hearing Tests** *Book on the day. See one of the friendly staff from Australian Hearing, to book in for a hearing test or find out more about hearing care. **Winter Warmers cooking demonstration** Interactive sessions delivered throughout the day. Sample delicious and easy to prepare recipes that you can learn to make at home. **Health & Wellbeing, Lifestyle & Hobbies information stalls & displays** • Council Community Wellbeing Services • Mental Health • Drugs & Alcohol • Prostate Cancer • Tobacco & Lung Cancer • Sexual Health • Gamblers Help • Bowel Cancer • Skin Cancer • Health Screening: check your risk • for type 2 diabetes? • Lifestyle & Hobbies • Leisure & Recreation • Family Support Services

Please note: Event will be held outdoors; dress appropriately, warm clothing and a jacket.

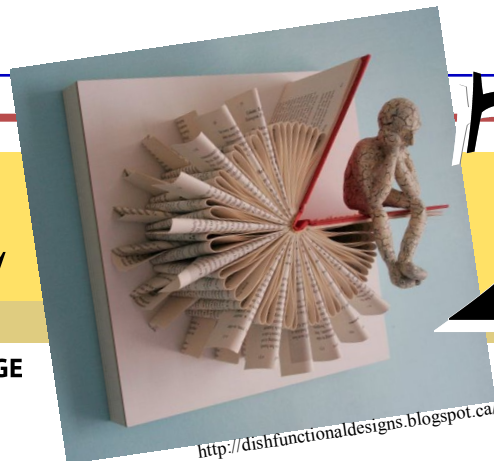
TIME

2 READ

JUNE 2016

CATHOLIC REGIONAL COLLEGE

ST ALBANS LIBRARY NEWSLETTER



Readers Cup Leader Board

Congratulations to 9 Barton who were the big movers this week by jumping 5 places with 8 Orifici, 10 MacKillop, 10 Little, 10 O'Connell and 10 McAuley advancing in the standings. The competition is still wide open with the prize going to the class that reads the most books this year.

- WIMMERA
- KIEWA
- SNOWY
- ORIFICI
- YARRA
- MACKILLOP
- HOLLOWS
- LITTLE
- ATTARD
- BARTON
- HUGHES
- O'CONNELL
- DEAKIN
- LYONS
- MCAULEY
- EDISON
- CURTIN
- MANNIX
- CLARK

Children's Book of the Year

Over the coming months we review the books that are on the 'Short List' for 2016



The Pause
by John Larkin

Declan seems to have it all: a family that loves him, friends he's known for years, a beautiful girlfriend he would go to the ends of the earth for. But there's something in Declan's past that just won't go away, that pokes and scratches at his thoughts when he's at his most vulnerable. Declan feels as if nothing will take away that pain that he has buried deep inside for so long. So he makes the only decision he thinks he has left: the decision to end it all.

Or does he? As the train approaches and Declan teeters at the edge of the platform, two versions of his life are revealed. In one, Declan watches as his body is destroyed and the lives of those who loved him unravel. In the other, Declan pauses before he jumps. And this makes all the difference. One moment. One pause. One whole new life.

A breathtaking new novel that will make you reconsider the road you're travelling and the tracks you're leaving behind.



Ghostworks Book 3: Sam and the Scottish Cannibals & Them!
by James Lee

Ghostworks are a new series of fantastically creepy novels containing two chilling tales which will entrance readers. Book 3 features: Story 1: SAM AND THE SCOTTISH CANNIBALS where a boring school trip to Scotland turns deadly when Sam and her friends unleash a ghostly family of flesh-eating monsters! Story 2: THEM! Dylan hunts ghosts for fun, but he doesn't bank on meeting Slime Man, the Soho Strangler or Fire Face!



www.filiigranes.be

The holidays are coming

DON'T FORGET YOUR HOLIDAY READING

What's on when..

Exam preparation and study

READING HOUR: Friday 24th June

Remember you can access the Library through the school web page www.crcstalbans.catholic.edu.au

Year 10 Biomechanics, Ball sports & Coaching Elective



Over the past 4 weeks the students in our Biomechanics, Ball sports and Coaching Elective have visited St Paul's Primary school Kealba. They have undertaken the coaching of 54 grade 3 students in the areas of Basketball, Soccer and Throwing, Catching and Hitting.

Students in this elective have been working in teams of 6 and have taken some 18 grade 3 students at a time and put them through their paces with fun and interactive skills and modified game activities.

The students of CRC St Albans and St Pauls Kealba have found this joint project to be a fun and rewarding experience. Thanks go to the administration staff and the PE teacher Mr John McCall of St Pauls for allowing our students to have this valuable exercise of a coaching and leadership experience. *Mr Garry Connor*