# Catholic Regional College St Albans

Love One Another As T Have Loved You

# <u>\$122016</u> NEVSETTER 29 July

World Youth Day Prayer

God of mercy, transform me,

that my eyes may be merciful, that I may marvel at the beauty of my neighbour's heart.

*Transform me, O God,* 

that my ears may be merciful, that I may be attentive to those in need.

Transform me, O God,

that my tongue may be merciful, that all I proclaim is in love and peace.

Transform me, O God,

that my hands may be merciful, that I use them to serve my neighbour.

*Transform me*, O God,

that my feet may be merciful, that my pilgrim journey leads me to compassion.

Transform me, O God,

that my heart may be merciful, ever open to the joy of your presence.

Many Your mercy, O God, rest upon me and transform me into Yourself, for You are my all.

We ask this through Christ, our Lord.

Amen.

St Mary of the Cross MacKillop, pray for us.

From the Principal . . .

This week, two of our Year 10 students, Czecibel Binghay and Akier Mabior, are in Krakow, Poland for World Youth Day. They are travelling with a group of 111 students and 30 teachers from the Archdiocese of Melbourne. As well as attending a week of activities in Krakow, they will be making a pilgrimage the Shrine of the Black Madonna in Czestochowa and post-World Youth Day will participate in a retreat at Wisla, in the Polish mountains.

World Youth Day events include three days of Catechesis with English-speaking Bishops from around the world, a Papal welcome, Stations of the Cross and an overnight vigil which culminates in the World Youth Day mass with Pope Francis on Sunday 31 July, 2016.

I am sure that WYD will be a challenging, enlightening and amazing experience for Akier and Czecibel. They have been meeting with fellow pilgrims for much of this year to prepare for the journey and the opportunity to meet with thousands of young Catholic people from all corners of the world. Whilst we can't all have the direct experience of WYD, we're all with Czecibel and Akier in spirit and through social media. We look forward to hearing their many stories and sharing their experiences on their return. Please keep all the pilgrims in your thoughts and prayers.

Visitors f rom China

Last week we were delighted to host students and staff from our Chinese sister school, Nanhu Experimental International Middle School (NIEMS). Our visitors were very appreciative of the welcome and hospitality they received from students and staff. They particularly enjoyed the arts and technology based rotation subjects, as these are not experiences that are part of their education in China.

Apart from the experience of a week in the life of an Australian school, our guests helped us to celebrate Language week, enjoyed a night out with their hosts and a visit to Sovereign Hill. This week they are studying at Melbourne University.

Thank you to all the students and staff at Year 8 – as a year level you were warm, welcoming and gracious with our guests. In particular, I'd like to thank Kur Kur, Rosanna Guo, Damien Le, Ryle Binghay, Janaya Nheu, Julia Nguyen, Jimmy Tran, Chiara Vallescas, Jason Pham, Jenny Vo, Andy Nguyen and Jayden Nheu for hosting and looking after our guests. Your care, time and generosity of spirit were very much appreciated.

Lastly, I would like to thank Mr Len Tobin for working with students to plan the week, translating when needed and generally making sure everything ran smoothly. We look forward to visiting NIEMS when we next take students and staff to China. Continued from Page 1

## Congratulations

At this week's school assembly we recognised a number of students for academic excellence, these were the students who attained the strongest results across all assessment tasks in their class. This has been achieved through hard work, focus and perseverance.

As well as this, we celebrated the achievements of a group of students who have worked tirelessly throughout Semester 1 to make our school and the broader community a better place. These students display great care for others, are always ready to be involved and to lead, both with our community and in the broader community.

Congratulations to the following students:

#### **Recognised for Academic Excellence:**

Kathleene Mendoza
Emily Jong
Amanda Tjea
Rhanel Hao
Kira Jansen
Sharelle Lynch
Janaya Nheu
Hayley Nguyen
Julia Bui
Jocelyn Cuzcano
Lousia Zhang

Kayla Palmier Trung Nguyen Glydel Lawang Helen Nguyen Arabella Julian Kenneth Pham Carl Sevillano Tina Le Xavier Bondoc Tijana Vukadin

# Recognised for outstanding contributions to the school community:

Arabella Julian Patrick Mendoza Danika Alwyn Julie Le Caitlyn Gonsalves Emily Aguila Jocelyn Cuzcano Alyssa Mae Martinez Czecibel Binghay Jasmine Bui Martin Yabut Tam Le Destiny Eustace Xuan Dien Vo Roshith Thanthulage Piath Monoah Bolis Nyok Kathleene Mendoza Madelyn Ruel Patricia Dabu Clyde Vallescas

Work Experience

On Monday we welcomed back our Year 10 students from work experience. They returned with great stories and invaluable experiences. For many it was an eye-opening and enjoyable week where they were able to develop new skills and to stretch themselves in a situations outside their comfort zone. As is the case with many jobs they experienced the mundane and routine, as well as the new and exciting. Some will be clearer about their future pathway, others more confused.

Feedback on the students, their work ethic and interest has been excellent. Many employers have already indicated that they're keen to take students again in 2017 based on their positive experience this year.

On behalf of the Year 10 students I'd like to thank all involved in organising this valuable program and the 120+ employers who took on our students. With workforce cutbacks and work placement a growing component of many VET and tertiary courses it's becoming more difficult to place students. We really appreciate all who support the program.

Victorian College Basketball Championships

Congratulations to our Intermediate Boys' Basketball team who won the Division 2 final at the Victorian College Basketball Championships on Tuesday. This is an outstanding achievement and we are very proud of all who competed, not only for their win but also for the way that the boys conducted themselves. Their victory is the result of skill, terrific team spirit, sportsmanship and a strong commitment to training and working together. The boys were a credit to themselves, their families and their school. Well done.

Thank you to Hayden O'Doherty for all his work in coaching this team.

Student Parent Teacher interviews

Thank you to all families who have attended Student / Parent / Teacher interviews this week. Your support and presence is very much appreciated by both students and staff.

For many students, these interviews are a chance to recognise and celebrate the progress they are making in their learning. Congratulations to all who've been focussed, worked hard, pushed themselves, used their unique gifts well and know that they have done their best. This is all that we can ask. I hope that you feel a deep sense of satisfaction and encourage you to bring the same endeavour and strong work ethic to Semester 2.

On behalf of families, I'd like to thank staff for their time and input over the two nights.

## Start tod ay

I encourage students who might be disappointed with their Semester 1 results to consider the ancient Chinese saying that goes something like this ... "the best time to plant a tree was 20 years ago, and the second best time is today."

If you are someone who leaves things to the last minute, procrastinates, does little in class, is disorganised and distracted or gives up easily, there is no better time to change than today!

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Sometimes we need help and support if we are to change. Think about some of the following:

- If you have difficulty with organisation and planning, ask your family, pastoral care teacher or year level leader for help. They often know some handy tricks.
- If you find that the work is hard, see your subject teacher at lunchtime or after school for help. Keep asking until you get it.
- If you struggle with homework, use the library and study support.
- If motivation and focus are a problem, have a chat with Jenny.
- If you lack a future direction, an appointment with Mrs Dykes might do the trick.
- If you're overwhelmed and don't know where to start, see your PC teacher; clarifying learning goals and developing doable action steps might help.

Too often we hear people saying they wish they'd worked harder in the previous year, in a particular subject or at school in general? To avoid this type of regret, you need to start today!

Staff Planning Day

*Wednesday 10 August 2016* is a staff professional development day and students will not be required at school.

Students taking VCE and VET classes at CRC Sydenham will have classes as normal.

Arrangements for the Feast of the Assumption of Mary

On Monday 15 August we will celebrate the Feast of the Assumption of Mary. As this is a Holy Day of Obligation which means that as Catholics we are asked to make a special effort to attend mass.

We encourage all students and their families to attend mass, either in their parish community or the 8.30am mass at Sacred Heart Church. School bell times will be adjusted to Wednesday times on this day to allow for this. There will be no Wednesday morning mass on Wednesday 17 August.

#### Newsletter

The newsletter is published fortnightly and distributed on **Day 5 (Friday Week 1).** Students will have a chance to read it before placing it in their diary to be taken home to parents that evening.

Newsletter Days for Term 3 2016:

Friday:

12 August 26 August 09 September

The newsletter can also be accessed on Friday morning (Day 5) on the College website at:

http://www.crcstalbans.catholic.edu.au

Applications for Year 7 2017

Enrolments are now being taken for Year 7 2017. Application forms and College Information packs can be obtained from the front office at any time. The application form can also be downloaded from the College website at: <u>www.crcstalbans.catholic.edu.au</u>.

### Since our last newsletter . . . ..

The first few weeks of this term have been particularly busy. Over and above the day to day activities of the school since our last newsletter students, families and staff have participated in the following:

Year 5 Visits

Corbett Week

Sister School Visit

Year 9 VET Taster Day

Year 9 Parents as Careers Partners night

Year 10 Work Experience

Sydenham Pathways and Careers Expo

School Assembly

Year 9 Premier League

Language Week

Parent Teacher Student interviews

VCC Basketball competition

Australian Mathematics competition

Rugby Training

I am sure that students and their families are very appreciative of all these opportunities and the time and energy that staff put into organising and offering these experiences.

CHRISTINA UTRI PRINCIPAL





#### www.filigranes.be

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# **Grade 5 Visits**



St Paul's Grade 5 students enjoyed Lunch in the Library during their orientation of the college last week. As one of our feeder schools, participating, their day included group work in science experiments, maths and other classes.

sing to him, and the birds tell their stories

WHAT'S ON NEXT ... **Reading Hour** Thursday 25<sup>th</sup> August **Book Week** Monday 22<sup>nd</sup> – Friday 26<sup>th</sup> August Watch this space for details

Remember you can access the Library through the school web page www.crcstalbans.catholic.edu.au

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## Wednesday Morning Mass **TERM 3 ROSTER**

3rd August CRC 9 Deakin- DIO 10th August Sacred Heart **15th August** Feast of the Assumption Mass 17th August — NO MASS 24th August Sacred Heart **31st August** CRC 8 Hollows / 9 Hughes - TMD **7th September** CRC 10 O'Connell - ERS 14th September Sacred Heart

A big thank you to 7 Snowy and Ms Iaria for leading us in Mass on Wednesday 27th. It was a wonderful mass and the students involved were extremely well prepared.



Akier Mabior



**Czecibel Binghay** 

#### World Youth Day 2016

On Friday 22<sup>nd</sup> Akier Mabior and Czecibel Binghay left the country to begin their journey to Poland and the World Youth Day.

These two extremely lucky and well deserving students were selected to represent our college at the all the events related to World Youth Day in Krakow, Poland.

The girls will be keeping the year 10's up to date through a special Instagram page. On this page they will share photos and small videos of the experience and we will be able to respond as well.

You can follow the events of World Youth Day on the following site: http://worldyouthday.com/krakow-2016

Here is a table of just some of the events that Akier and Czecibel will be involved in:

World Youth Day: Typical Schedule of Events								
	Up to one week before WYD	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
MORNING	Days in the Dioceses Catechetical sessions are held in the	Official Welcome for pilgrims		echetical Sessi articipating B		Walking Pilgrimage to Vigil Site	Closing Ceremonies • Morning prayers are led by participating Bishops. • Holy Mass is celebrated by the Pope. • The next host diocese is announced by the Pope after Mass.	
AFTERNOON		Opening Ceremonies Holy Mass is celebrated by the local ordinary of the host diocese.	Afternoon shows, music, prayer and reconciliation opportunities	Arrival of the Pope The Pope delivers his welcome address at a prayer service.	Afternoon shows, music, prayer and reconciliation opportunities	Afternoon shows, music, prayer and reconciliation opportunities at Vigil Site		
EVENING		Evening shows, music, prayer and reconciliation opportunities Cros				Evening Vigil with the Pope.		

We wish both girls the best time and we hope that they will come home inspired to share and live out their faith with the school and broader community. - Mr Marshall

WYD Kraków 2016



Blessed are the merciful: they shall have mercy shown them (Matthew 5:7)

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# Vic College Championship CHAMPIONS!







Catholic Regional College St Albans

> "Are you enrolling your child into Year 7 in 2017? "

To enrol call **Anne Stokie:** 9366 2544 or visit www.crcstalbans.catholic.edu.au for more details



## KEY DATES TERM 3

Tuesday 09 August: Year 10 course selection day / Year 10 Social

Wed 10 August: Staff Planning Day (Students not required) Year 10 VCE/VET @ Sydenham

Monday 15 August: Feast of the Assumption (Mass at 8.30am)

Monday 29 August: SACCSS Interschool Athletics

> **06 September:** Immersion Day

14 – 16 September: Year 09 Camp

**Friday 16 September:** Year 8 Reflection Day On Tuesday the senior boys basketball team travelled to the Melbourne Sports and Aquatic Centre to compete in the VCC basketball tournament after previously winning the western regional finals in Term 2.

The first game against Berwick Grammar was a close one but ended in a 4 point loss, and the whole team recognised the need to lift the intensity for the next game if we wanted to make it to the quarter finals - especially because our next opponent, Flinders Ranges Tyabb had already beaten Berwick Grammar by 15 points.

With everything on the line, CRC rose to the occasion and defeated Flinders Ranges by 4 points, ensuring we made it from the first round to the quarter finals on percentage points.

The quarter and semi finals against Berwick High School and Nazareth College respectively were hard fought wins that are a credit to the whole team as fatigue began to set in from playing games every hour throughout the tournament.

The grand final for the VCC championship ended up a rematch between CRC and Flinders Rangers Tyrabb. Neither side was willing to give an inch as the score board traded blows through out the game. Flinders Ranges'

defensive style got them in foul trouble in the second half, which sent CRC to line for bonus free throws in the critical last minutes of the final, ultimately emerging victorious by 4 points again and claiming the title of VCC champions for 2016.

Congratulations to the entire team for their effort, hard work and sportsmanship. Special commendations to Martin Yabut for his consistent perimeter shooting and defense throughout the tournament, Malang Malang and Paul Paul for their critical work inside and outside the key and Stephen (Junior) Garbrah for his tenacity in attacking the basket. However it was a real team effort and we'd also like to recognise Charles Endaya, Joshua Rumbaoa, Agok Ring, Chol Dhieu, Jayden Nheu and Anthony lannello for their consistency and skill.

On behalf of the team I'd like to thank Tristan from MIS for his support coaching the team on the day and Mrs Jurcec and Mrs Rayos from the sport department for organising the uniforms and all of the other 'behind the scenes' work that make days like this possible. **- Hayden** 

