



## ***Cilivs, Altius, Fortius***

(Olympic Motto: Faster, Higher, Stronger)

Blessed are those who can laugh at themselves: in your strength you will have no end of fun and games.

Blessed are those who can tell a mountain from a molehill: in your sense of higher things you will be saved a lot of bother.

Blessed are those who know how to relax without looking for excuses: You are running into the depths of wisdom.

Blessed are those who know when to be quiet and to listen: You are stretching into great learning.

Happy are you if you can take small things seriously and face serious things calmly: you will be able to run a marathon.

Happy are you if you can appreciate a smile and forget a frown: you will walk on the sunny side of the world and see the magnificence of all human strivings for excellence.

Happy are you if you can be kind in understanding the attitudes of others, even when the signs are unfavourable: your insight and personal strength may bring about the greatest change and victory for all.

Blessed are those who think before acting and pray before thinking: theirs is the victory dais.

Happy are you if you know how to hold your tongue and smile, even when people interrupt and contradict you or tread on your toes: the gospel has begun to seep into your heart and the olive branch is your monogram.

Above all,

Blessed are you who recognise the Lord in all whom you meet:

The light of truth shines in your life  
for you have found true wisdom,  
wonderful strength,  
dizzying height  
and graceful speed.

## *From the Principal . . .*

### *Congratulations: Year 10 Students*

The last five weeks have been a significant time for Year 10 students. They have had work experience, the Year 10 Social and have completed their course selections for Years 11 and 12. Each of these events is very much a rite of passage; a marker on their journey towards adulthood. We've been impressed with their maturity, openness to guidance and responsible decision making. They had a terrific night at the social and venue went out of their way to compliment students on their courtesy, behaviour and consideration.

A very big thank you to Mr Eder Ramos (Year 10 Level Leader), Ms Jacinta Dykes (Careers) and the Year 10 teachers who have supported students during this time.

Lastly, thank you also to all families who have been with their children every step of the way; the additional meetings at school and at Sydenham; ploughing through the course selection information and taxiing students around for the social. We couldn't do it without you and your support is very much appreciated.

With pathways for 2017 nearly finalized, it is important that everyone now focuses on the present, particularly their Year 10 studies. Too often thinking about the future can be unsettling. Students can lose focus and forget the routines that have served them well to this point. **In many ways the only thing that you can do about the future is to do your absolute best in the present.**

### *Child Safety Standards*

As of 01 August 2016, all schools and government funded / regulated organisations that provide services for children have to comply with a new set of Child Safety Standards. These reforms are aimed at:

Upholding the primacy of the safety and wellbeing of children and young people.

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Continued from Page 1

Empowering families, children, young people and staff to have a voice and raise concerns.

Implementing rigorous risk-management and employment practices.

The College Leadership Team is working with different groups across the school to review and further develop policies, procedures and practices to ensure compliance against these standards.

New and revised policies and practices will be published on the school website between now and the end of the school year. As a starting point families may wish to have a look at our Feedback policy and Complaints Handling procedures. These documents outline various ways in which members of the school community can raise concerns. They are already available on the website.

### *Sudanese and Vietnamese Cultural Nights*

Last week Year 10 Sudanese and Vietnamese students organised cultural nights for their families. On each night we enjoyed a meal together, listened to a range of presentations by students, celebrated their achievements, played trivia, participated in cultural activities and discussed the transition to CRC Sydenham. Both nights were lots of fun.

I thank our Multicultural Education Aides: Mr George Atem and Mr Tung Phan for working with students to organise the nights; and the families and staff who attended.

### *Annual Report 2015*

Our 2015 Annual Report is now available to families on the College website at [www.crcstalbans.catholic.edu.au](http://www.crcstalbans.catholic.edu.au) Hard copies are also available from the school office. I'd encourage all families to take a look.

### *Newsletter*

The newsletter is published fortnightly and distributed on **Day 5 (Friday Week 1)**. Students will have a chance to read it before placing it in their diary to be taken home to parents that evening.

Newsletter Days for Term 3 2016:

Friday:  
26 August      09 September

The newsletter can also be accessed on Friday morning (Day 5) on the College website at <http://www.crcstalbans.catholic.edu.au>

### *Applications for Year 7 2017*

Enrolments are now being taken for Year 7 2017. Application forms and College Information packs can be obtained from the front office at any time. The application form can also be downloaded from the College website at [www.crcstalbans.catholic.edu.au](http://www.crcstalbans.catholic.edu.au).

### *Since our last newsletter . . . .*

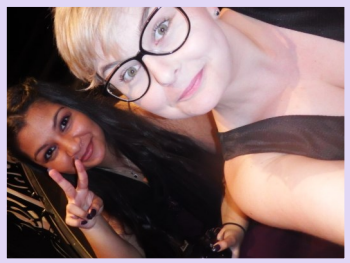
Over and above the day to day activities of the school since our last newsletter students, families and staff have participated in the following:

- McAuley Community Service
- Rugby 7's
- Year 8 Maths Games Day
- Chess Training
- IT Careers Day
- Italian Immersion Day
- Premier League
- 2017 unit selection process (Years 8 and 9)
- Pathways Planning (Year 10)
- Year 10 Vietnamese and Sudanese Cultural Nights
- LEAP into Health Careers excursion
- Year 8 Drama Performance
- Year 10 Social
- Year 7 Assembly

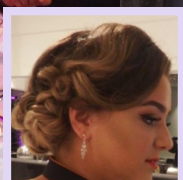
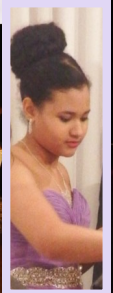
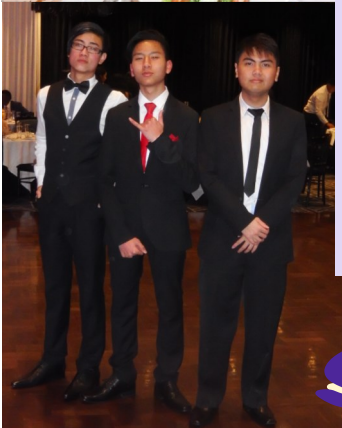
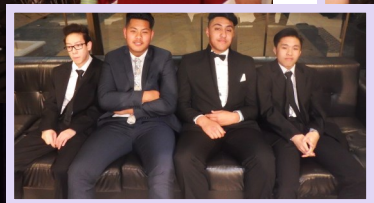
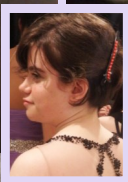
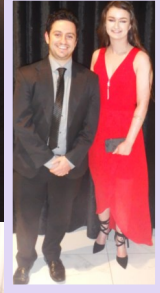
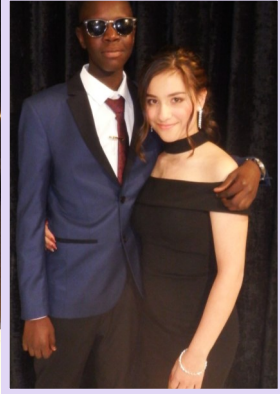
I am sure that students and their families are very appreciative of all these opportunities and the time and energy that staff put into organising and offering these experiences.



CHRISTINA UTRI  
PRINCIPAL



**YEAR 10**



**SOCIAL 2016**

# OUR GARDEN

**With Spring just around the corner, our community garden is already beginning to prepare for a bumper summer harvest.**

Currently we're looking for any donations of the following materials:

*Cyclone wire mesh* - any size and gauge.

*Hardwood timber* - Old red gum fence posts would be great, recycled hardwood floor joists and beams. But any timber could be potentially useful.

*Concrete reinforcing mesh* - any size.

These materials are to help build our new chicken coop, straw yard and mini orchards. Ready for Chickens by the end of September!

**How can you donate?** Send a photo of the material to [hodoherty@crystalbans.com.au](mailto:hodoherty@crystalbans.com.au) and a pick up or drop off can be organised from there.

**The Gardening group is also excited to invite all of our school community to our first community working bee on Saturday the 3rd of September from 10:00am till 2:00pm. Lunch provided. More details in the next newsletter.**

## CAREERS CORNER

**25 year 9&10 students attended Melbourne University to learn more about careers in health. Students had the opportunity to meet biomedicine students, examine 3D body parts, and solve growing health problems such as diabetes.**



## Year 10 Italian Immersion Day

On the 5<sup>th</sup> August, year 10 Italian students from Catholic Regional College St Albans and North Keilor came together to share their passion for Italian language and culture. St Albans hosted the annual Immersion Day which proved to be a day enjoyed by all. The day's focus was around communicating in Italian, but the highlight of the day was preparing a feast for lunch which included antipasto, bruschetta and of course, a plate of pasta! There are great benefits of continuing Italian studies in VCE at Sydenham and hopefully the Immersion Day consolidated a passion for languages for many of our students

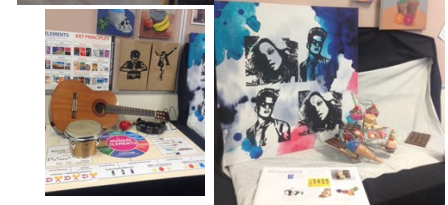


## Elective Expo: Year 8

Year 8 students are currently selecting electives for Year 9 next year. During PSL classes on Thursday 4<sup>th</sup> August, an Electives Expo was held. The expo enabled students to see what each



elective offered and view some samples of work students have produced. this year.





**Wednesday Morning Mass  
TERM 3 ROSTER**

- 15th August Feast of the Assumption**  
CRC/Sacred Heart 8 Edison - MGN
- 24th August**  
Sacred Heart
- 31st August**  
CRC 8 Hollows/9 Hughes - TMD
- 7th September**  
CRC 10 O'Connell – ERS
- 14th September**  
Sacred Heart

A big thank you to 9 Deakin and Ms Ibrido for leading us in Mass on Wednesday 5<sup>th</sup> August. It was a wonderful mass and the students involved were extremely well prepared.

**Feast of the Assumption Mass**

**On Monday 15<sup>th</sup> August there will be Mass in Sacred Heart Church at 8:30am for our school community.**

As this is a Holy Day of Obligation we encourage all students to attend this mass.

We do acknowledge that some students will attend this mass with their families at their own parishes in the evening. We also encourage families to attend if they can. Students in 8 Edison and Sacred Heart Primary will lead us in this mass.

**This mass replaces mass on Wednesday 17<sup>th</sup> August.**



**World Youth Day 2016**

**We welcome back Akier Mabior and Czecibel Binghay from their amazing experience at World Youth Day in Poland.**

In the next newsletter both girls will share a more in depth reflection of their experience.

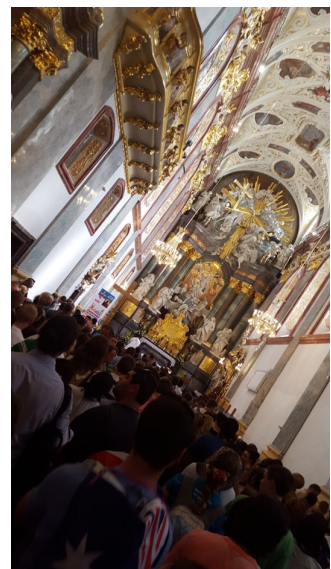
Here is a short highlight from each girl:

**Akier**

*My highlight would be the day I saw Pope Francis. Attending Catechism sessions with other youth and just being there, sharing experiences with so many people. (However, I did feel right at home being surrounded by so many different cultures- just like here at CRC St Albans.)*

**Czecibel**

*One of my favourite experiences was attending the mass at Blonia Park with 3 million other young people from around the world and to see Pope Francis.*



# SCHOOL FEES

If families are having any difficulties with fee payments please contact me at the college office on: **9366 2544** — Anne Ross

All families will be receiving their school fee statement showing their current balance this week and are reminded that payments towards Term 3 fees are now due.

## KEY DATES TERM 3

**Monday 15 August:**  
Feast of the Assumption  
(Mass at 8.30am)

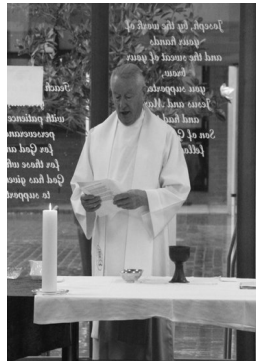
**Monday 29 August:**  
SACSS Interschool Athletics

**06 September:**  
Immersion Day

**08 September:**  
CRC's Got Talent

**14 – 16 September:**  
Year 09 Camp

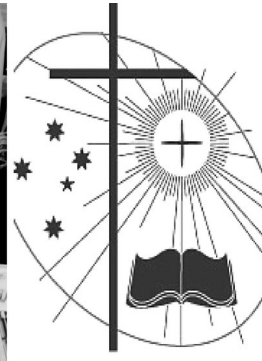
**Friday 16 September:**  
Year 8 Reflection Day



SHARED FAITH



LEARNING



COMMUNITY



ACHIEVEMENT



TEAM



2 POSITIONS AVAILABLE

working at

# CRC SYDENHAM

- a) Maintenance Team Position x 1 2016 start
- b) Maintenance Team position x 1 2017 start

email: [jobs@crtsydenham.net](mailto:jobs@crtsydenham.net)

by Friday 12 August for an immediate start  
(or as soon as can be negotiated)



ENTERPRISE



HOSPITALITY

  
**Catholic Regional College  
St Albans**

**“Are you enrolling your child into Year 7 in 2017?”**

To enrol call **Anne Stokie: 9366 2544** or visit [www.crcstalbens.catholic.edu.au](http://www.crcstalbens.catholic.edu.au) for more details



EUCHARIST



CRC



STUDENT FOCUS



PATHWAYS

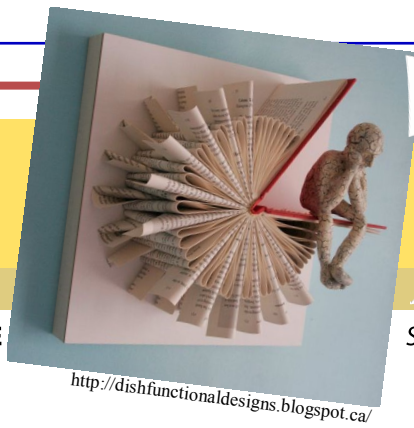


SYDENHAM



[www.crcstalbens.catholic.edu.au](http://www.crcstalbens.catholic.edu.au)

TIME



2 READ  
JULY 2016

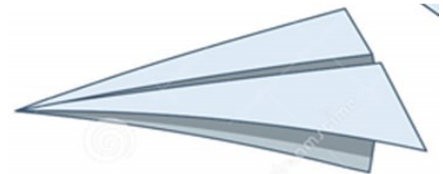
CATHOLIC REGIONAL COLLEGE

ST ALBANS LIBRARY NEWSLETTER



## Readers Cup Leader Board

The big movers this week are 8 Attard as they moved up to 5<sup>th</sup> place on the Readers Ladder. Congratulations to 10Little, 9 Barton and 9 Hughes who all advanced one place - **KEEP READING!**




**MONDAY 22<sup>ND</sup> AUGUST**  
Trivia Quiz  
 – Limit of 8 team tables,  
 – 4 people to a team.  
 Put your name down @ the Library

**TUESDAY 23<sup>RD</sup> AUGUST**  
Reading Hour  
 Put your name down @ the Library

**WEDNESDAY 24<sup>TH</sup> AUGUST**  
Spot quiz

**THURSDAY 25<sup>TH</sup> AUGUST**  
Paper plane competition  
 Put your name down @ the Library

**FRIDAY 26<sup>TH</sup> AUGUST.**  
**7.30-8.30**  
**BOOK WEEK**  
**BREAKFAST**



**COMPETITION WINNERS**  
**PIZZA LUNCH**  
 For the winners of the Trivia and Paper Plane competitions

The library is a place to find all sorts of interesting books to read. Come in and ask the staff where the latest and best books are, and - **KEEP READING!**



**WHAT'S ON NEXT ...**

**BOOK WEEK ACTIVITIES**  
**IN THE LIBRARY**  
**@ LUNCHTIME**  
**Monday 22<sup>nd</sup> August**  
**until Friday 26<sup>th</sup> August**

# STATE RUNNERS-UP!

**Congratulations to the Rugby 7's players who are the runners up in the state.**

The team competed in a gala day competition with five 14 minute games including the grand final in the afternoon.

They were able to comfortably beat Sunshine, Fountain Gate and Westall but in a nail biting game, came a draw against Hampton Park who regularly compete in rugby competitions. This made Hampton Park and CRC St Albans equal in our pool and a countback of points was required. Due to our success in previous games, our team progressed to the finals.

We had a challenging time in the final against Melton, who were a well organised team. We were able to put them under pressure but unfortunately we were unable to match Melton who took the title. After the game, both teams celebrated together with a song and shaking

hands in good spirit.

Our strengths for the day included leadership and encouragement to the new players from Missiallatis (Tise) Maoluma, John Maui, Euiny (Junior) Tufuga and Matthew Tufuga. The strength and power in the middle was consistently shown by Stefan Vili, Juville Filimoeatu and Taufusi Senio. Frankco Senio showed his speed and agility on the wing. New players, Fabian Castro, Nathan Taylor, Bolis Nyok and Josh Camileri were all able to use their skills from other sports on the rugby field to aid the team's very successful finish.

The team should feel very proud of their efforts in both the training sessions held with Rebels coaches prior to competition and to have played so well in a state final in the school's first rugby 7's competition.

Well done!

*Miss Moss, Mr Watson and Ms Jurcec.*



## BOOK WEEK BREAKFAST



**Parents and students; come join us for breakfast, to celebrate BOOK WEEK @ Catholic Regional College, St Albans Friday 26th August @ 7:30am**

**Please fill in the slip below and return to the library by Tuesday 23rd August**



Lady Jayne [www.flickr.com](http://www.flickr.com)

Have breakfast, enjoy a coffee or Orange juice with toast, read a newspaper, or look at a magazine and meet other members of the school community.

### Menu

- TOAST  
with jam, honey or vegemite
- RAISIN BREAD
- PANCAKES  
with ice cream & Syrup
- MUFFINS
- CRUMPETS
- CROISSANTS
- ORANGE JUICE
- COFFEE & HOT CHOCOLATE  
From the coffee van



**Thankyou for the invitation, we are attending the Book Week Breakfast.**

Students Name:..... Number of people .....

*Please return this slip to the School Library by Tuesday 23rd August.*