



A Prayer for All Ages

God of all creation, you are timeless and beyond all ages.

We who are growing old give thanks for the years you have given us – for family, friends and all those who have enriched our lives.

We who are not yet old give thanks for the older people in our lives: for grandparents, loved ones, friends and all who generously offer the wise counsel of their years.

We who are growing old pray that we may be patient with our ageing limbs and difficulties in everyday tasks we once did much more easily.

We who are not yet old pray for patience and kindness towards those who do not move as quickly as we would sometimes like.

We who are growing old pray for good health in our later years, and forbearance when our health fails us.

We who are not yet old pray for good health for those we love and compassion towards those who suffer ill health.

We who are growing old pray for prudence and sweet timing, in offering our wisdom to the next generation, while respecting their energy and creativity.

We who are not yet old pray for openness and humility in receiving the advice and guidance of our elders.

We who are growing old pray that we may face our death with serenity and dignity.

We who are not yet old pray that we affirm the sacredness of each person's life and accompany those who are dying with gentleness and deep respect.

God of endless love, help us to understand that we share a common life journey, a call to live life to the full and to strive to enable all creation to come to the fullness of the Cosmic Christ.

Amen

Principal's Report

Our opening prayer was published with this year's social justice statement, 'A Place at the Table'. The title is taken from a story told by Pope Francis. We have published this lovely story and some information about the Australian Bishop's Social Justice Statement in the Families Matter section of our newsletter. I encourage you to take time to read this.

Welcome Back

Welcome back to term 4. I hope that everyone had a really good break and returns well rested, re-charged and ready for a big final term.

I am sure that all Bulldogs supporters in the school community are absolutely delighted with the win last Saturday and are still pinching themselves to make sure it wasn't all a dream. There is much that we can learn from Luke Beveridge, his mighty team and their very positive mindset. They dared to dream, put in the hard work, took risks, made mistakes, learnt from each mistake, worked as a team and above all trusted each other. All these qualities also make for excellent classes of learners.

The coming weeks are looking very busy as we prepare for Inter-house Athletics, the Image 2016 exhibition and CRC Celebrates all in Weeks 4 and 5 of term.

I encourage all students to really focus on their studies this term. Ensure that you keep on top of things: use your diary, work in class, ask for help, complete homework, go to Study Support, start exam revision today, meet deadlines, come to class prepared.....

Whilst we are now in the fourth quarter there is still time for those who haven't been doing their best to give their studies a 'red hot go'. For those who've been working consistently throughout the year – it is important to keep the momentum to the end.

Staffing Term 4

Ms Melissa O'Shea and Ms Margaret Stewart both begin maternity leave from the early part of Term 4. We wish each of them the very best as they prepare for the birth of their child.

I welcome Mr Daniele Zarosinski (Italian / English) and Ms Deborah Bohan (Science) to our school community for Term 4. Each brings a wealth of experience, many gifts, fresh ideas and a strong commitment to learning and our students. I wish them every blessing in their time at the College.

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Kwong Lee Dow Scholarships

Every year secondary schools across Victoria can nominate up to five students to be considered for the Kwong Lee Dow Scholarships offered through Melbourne University. Applications are judged on academic achievement, school involvement and leadership skills. At the College we shortlist based on Semester 1 results and then look at involvement in school life and leadership to confirm the nominations.

I'd like to congratulate **Kayla Palmier, Kathleene Mendoza, Trung Nguyen, Amanda Tjea and Glydel Lawang** on being our nominees for the scholarship in 2016. Best wishes to these students. Each would be a worthy recipient of this award. We should hear by early December if they've been successful.

A great end to Term 3

The final day of Term 3 was very busy for all us but also very enjoyable. Year 8 students and staff enjoyed their Reflection Day at Overnewton Castle in Keilor. The focus was reconciliation and concluded with the Sacrament of Reconciliation. All involved were thrilled with the input and involvement of students.

Years 7 and 10 students participated in the 'Walk for Mercy' at Brimbank Park. This involved students and staff completing a circuit of Brimbank, stopping at the seven stations to pray and reflect on the Spiritual Acts of Mercy. This idea was initiated through our Student Leaders and was a terrific day for all involved. Thank you to all students for your participation and very respectful approach.

I thank all students and staff who were involved in organising these activities.

Mid-Autumn Lantern Festival

On the last Thursday of term we enjoyed a wonderful night at the Mid-Autumn Lantern Festival. Over 200 people joined us for a wonderful celebration of Vietnamese culture through lantern making, food, music, dance, a fashion parade and of course, the lantern parade. It was great to welcome school families and the local community into the school. We look forward to many more similar opportunities. I would like to thank Mr Tung Phan and Ms Laura Cioccia and their willing team of helpers who were the driving force behind this night

Child Safe Standards:

Reporting Child Safety Concerns Flowchart

As I have explained in previous newsletters the College, like all schools is working towards compliance in relation to the new Child Safe Standards.

Our Child Safety policy and Child Safety Code of Conduct are published on the College website. However, both documents are fairly dense. To assist families and students in understanding the process for reporting concerns about child safety we have developed a simple flowchart. This is included with today's newsletter and also published on the school website.

Hold the Date for CRC Celebrates:

Thursday 03 November, 5.00pm - 8.00pm.

On Thursday 3 November we will hold the inaugural **CRC Celebrates**. Families will know from previous years that as a community we celebrate the visual arts through our Image exhibition. CRC will include Image but also expand this to other areas of the curriculum.

Families and visitors will have the opportunity to participate in mini-lessons, to visit displays from different learning areas and to celebrate the many different cultures we have in our community. It looks to be a terrific afternoon / evening. More details will follow in a separate mail out and invitation. **We hope that all school families can join us for this event.**

Year 9 Camp

On behalf of the Year 9 students I'd like to thank Mr. Chris Orsini and all the staff who planned and attended the Year 9 camp. Despite the rain it was a terrific experience for everyone. Families will recognise that it is a huge responsibility taking away over 100 adolescents. I thank staff for their willingness to be part of challenging activities such as this, and students who were both mature and responsible in their approach to the camp. I know that the benefits of learning opportunities such as this are immeasurable.

Furlong Road and Main Road Level Crossing work

During October there will be significant work on both the Furlong Road and Main Road level crossings. Furlong road will be closed from 12 - 29 October and buses will replace trains at various times.

We understand that this makes it very congested in and around St Albans and may cause some students to be late. All that we ask is that families provide a note or contact the office should this be the case.

Whilst this work might cause some short term hassles it will be of great benefit to the local community in the long term.

Tutoring

Do you need help in getting your homework done? Are you struggling with your assignments?

Included in this week's newsletter is some information about the Edmund Rice Free Tutoring Program. It runs at the Errington Community Centre Hall on Tuesday afternoons from 3.30 – 5.00pm and here at CRC St Albans in our library on Saturday mornings from 10.30am – 12.00pm.

I highly recommend this service to families.

Term 4 Uniform

Families are reminded that Weeks 1 – 4 are a transition period for uniform. Students can wear either full summer or full winter uniform but not a mix and match of both.

Following the Cup Weekend break, from Wednesday 2 November all students will need to be in full summer uniform.

Re-enrolment for Years 8, 9 and 10 2017

I'd ask that all families ensure that they return their re-enrolment forms in the next few days. They were due on **Friday 07 October 2016**.

Newsletter

The newsletter is published fortnightly and distributed on **Day 5 (Friday Week 1)**. Students will have a chance to read it before placing it in their diary to be taken home to parents that evening.

Newsletter Days for Term 4 2016:

Fridays: 21 October, 4 November, 18 November and 1 December

A final newsletter will be mailed home on Tuesday 20 December

The newsletter can also be accessed on Friday morning (Day 5) on the College website at:

<http://www.crcstalbens.catholic.edu.au>

Since our last newsletter.....

Over and above the day to day activities of the school since our last newsletter students, families and staff have participated in the following:

Mid-Autumn Moon Festival

Year 8 Reflection Day

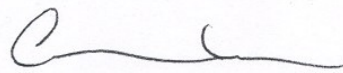
Year 9 Camp

Year 7 and 10 Walk for Mercy at Brimbank Park.

Year 8 Premier League

10 O'Connell Community Service

I am sure that students and their families are very appreciative of all these opportunities and the time and energy that staff put into organising and offering these experiences.



CHRISTINA UTRI
PRINCIPAL

FREE TUTORING PROGRAM

for Secondary and Tertiary Students

Do you have homework or an assignment you need help with ?

Let trained adult volunteers help you

One—on—One tuition

When and Where?

Errington Community Centre Hall
3 Princess Street St Albans
(between the Safeway carpark and the oval)

Tuesdays 3:30—5:00pm
During school term

Catholic Regional College St Albans Library
corner Theodore and Winifred Streets
Saturdays 10:30—12:00 noon

For further information call BIONG:

9366 6436

or email:

Refugees.vic@edmundrice.org



A Place at the Table

Each year the Australian Bishops release a major statement for the coming year on Social Justice Sunday (the last Sunday in September). Called 'A Place at the Table' this year's statement focuses on social justice in an aging society. The Statement celebrates the value and dignity of older people in Australian life. It challenges us to recognise their significant contribution to society and emphasises that this contribution should not be valued in mere economic terms. The Statement calls for justice for those who are most vulnerable and warns about a view of older people as burdensome or dispensable.

As part of our Year 10 community service program many students visit the elderly in aged care facilities. From this experience, many see first-hand the challenges of aging but also the great beauty of living a long and full life. I thank all the students who have participated in this service program for their generosity, willingness to step outside of their comfort zone and the gift of their presence to the elderly.

The title of the statement comes from a lovely story told by Pope Francis. This lovely story follows:

There was a father, mother and their many children, and a grandfather lived with them. He was quite old, and when he was at table eating soup, he would get everything dirty: his mouth, the serviette ... it was not a pretty sight! One day the father said that, given what was happening to the grandfather, from that day forward he would eat alone. And so he bought a little table, and placed it in the kitchen. And so the grandfather ate alone in the kitchen while the family ate in the dining room. After some days, the father returned home from work and found one of his children playing with wood. He asked him: 'What are you doing?' to which the child replied: 'I am playing carpenter'. 'And what are you building?' the father asked. 'A table for you papa, for when you get old like grandpa'.



Invest in your most precious asset Your Marriage!

Forget life's tensions and interruptions - rekindle the closeness, intimacy, love and romance that brought you together. Recharge relationship batteries and explore the precious nature of your marriage, allowing both to share your feelings, hopes and dreams with each other in ways that normal, daily living tends to inhibit.

No group sharing. Couples and a priest present the weekend. Based around Catholic values but couples of all faiths are welcome.

2016 Melbourne weekend dates : 11-13 November

Starts 7pm on Friday. Ends 5pm Sunday. Accommodation and all meals provided.

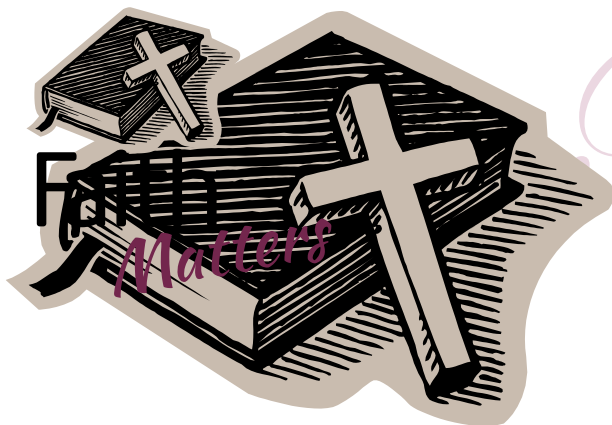
Information/Bookings: PH: Marianne & Marcel (03) 9733 0997

Email: vicbookings@wwme.org.au Website: www.wwme.org.au

This story has stayed with me for a lifetime and done me great good. Grandparents are a treasure.

- Pope Francis





Reflection

Year 8 Reflection Day

On Friday 16th September the year 8 Level went to Overnewton Castle in Keilor for a Reflection Experience. Part of the day was looking at their life journey to date and exploring the feelings and emotions that relate to significant life moments. The other part of the day was to examine our own conscience and look at the times we have made poor choices. We finished the Reflection Day with the Sacrament of Reconciliation. Special thanks to Fr O'Reilly, Fr Tuan, Fr Peter, Fr Ray, Fr Clearly and Fr John-Paul for celebrating liturgy with us and for guiding us through the Sacrament of Reconciliation. A huge thank you to the teachers involved on the day for their dedication and hard work.

The day was enjoyed by all and was a wonderful way to finish off a long and hard working term. Here are some photos from the day.

Wednesday Morning Mass Roster Term 4

12th October
Sacred Heart

19th October
CRC 10 MacKillop with Ms Gusman

26th October
Sacred Heart

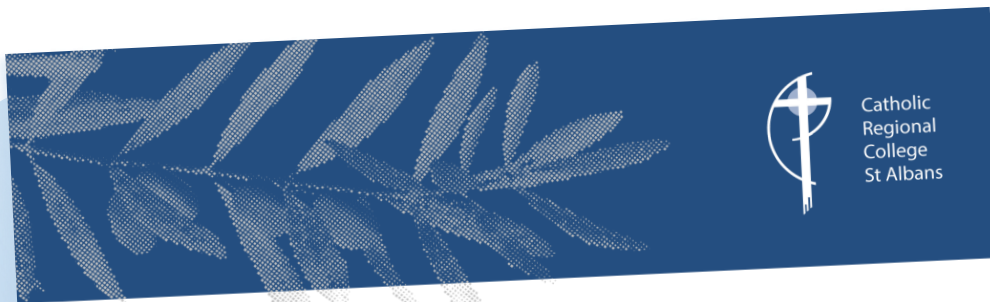
2nd November
CRC 7 Yarra with Mr Marshall

9th November
Sacred Heart

16th November
CRC 9 Curtin with Ms Dykes

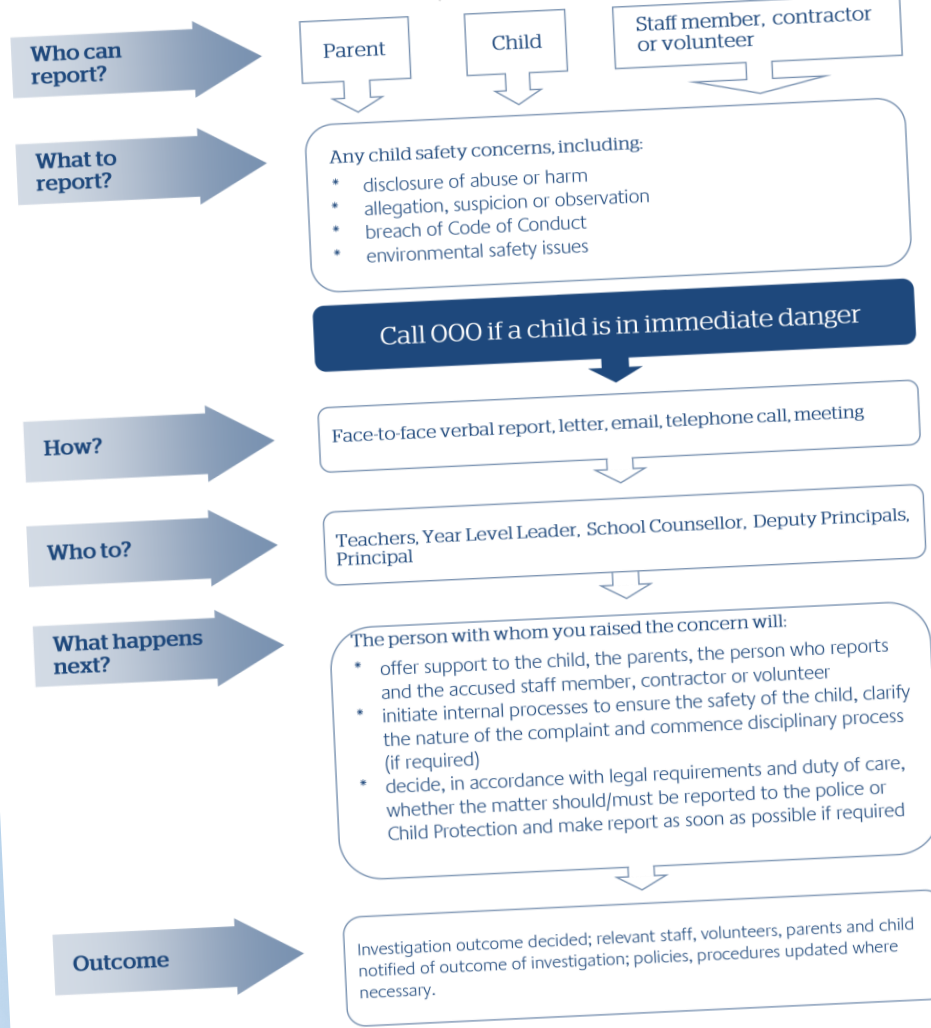


Day



Catholic Regional College St Albans

Flowchart: Child safety reporting process



Love one another as I have loved you

Key Dates Term 4 2016

13 and 14 October:
Year 10 Outdoor Education Camp

Friday 28 October:
Interhouse Athletics Carnival

31 October and 2 November:
Cup Weekend
(students not required)

Thursday 3 November:
CRC Celebrates

23/11 – 30/11:
Years 9 and 10 exams

Thursday 1 December:
Year 10 Graduation Mass

Friday 2 December:
Report Preparation Day
(students not required)

5 – 9 December:
Year 11 Transition
(for Year 10 2016 students)

Wednesday 7 December
Yr 10 Orientation Day (VCE & VET)
8:45—3:30pm

Monday 12—Tuesday 13 December
Secondhand Book Sale

Tuesday 13 December
Year 7 2017 Orientation Day

Friday 9 December:
Final days for Years 7 – 9 students

Tuesday 20 December:
School office closes