

Gratitude

To be grateful for what is -
instead of underscoring what is not.

To find good amid the unwanted aspects
of life — without denying the presence of
the unwanted.

To focus on beauty in the little things of
life — as well as being deliberate about
the great beauties of art, literature, music
and nature.

To be present to one's own small space
of life - while stretching to the world be-
yond it.

To find something to laugh about in every
day— even when there seems nothing
to laugh about.

To search for and see the good in oth-
ers— rather than remembering their
faults and weaknesses.

To be thankful for each loving deed done
by another— no matter how insignificant
it might appear.

To taste life to the fullest— and not take it
for granted.

To seek to forgive others for their wrong-
doings— even immense ones, and to put
the past behind.

To find ways to reach out and help the
disenfranchised— while also preserving
their dignity and self-worth.

To be as loving and caring as possible -
in a culture that consistently challenges
this virtue.

To remember to say thank you - for
whatever comes as a gift from another.

To be at peace - with what cannot be
changed.

Bountiful God, we give thanks for one
another, for all of creation, for the many
blessings we have received and for all
who have walked with us during Term 3.

(Joyce Rupp, The Circle of Life)

Tuesday 19 September 2017

10 Theodore Street
St Albans Victoria 3021

PO Box 252 St Albans Victoria 3021

t 03 9366 2544

f 03 9366 5034

e enquiries@crcstalbens.com.au

w www.crcstalbens.catholic.edu.au

Principal's Report

Thank You

As this is the final newsletter for Term 3 I'd like to thank students, families and staff for your ongoing support, hard work and the care that you've given so generously over the past 10 weeks.

Without a doubt it has been a very busy term so it's no surprise that we are all ready for a break! I hope that students and staff enjoy this time with family and friends, and the opportunity to move at a less hectic pace.

Social Services Sunday

Sunday 17th September was Social Services Sunday in the Archdiocese of Melbourne. This is an opportunity to reflect on the Gospel call to service. Each of us is called to reach out to help those who are poor, marginalized or excluded in our society.

It is also a time for the wider church community to give thanks for the social service work being carried out by Church agencies, parishes and school communities on behalf of the Church as a whole. Different Catholic social service organisations provide direct support to hundreds of thousands of people in need each year. This might be in assisting and advocating for people caught up in family violence; providing housing and homelessness support; partnering with Indigenous people; providing mental health and disability services; offering support and services to people seeking asylum, to migrants and to refugees, and through prison ministry.

Catholic Social Services, through its staff and volunteers, works with and on be-

half of the vulnerable and disadvantaged members of our society, trying to ensure that the dignity of all people is recognised in all the decisions we make and all we do.

At our school, students have many different opportunities to participate in community service and social action. The opportunities range from assisting with the 'Loaves and Fishes Food Bank' to participating in Reading Buddies at St Albans library; from visiting the elderly at local nursing homes to helping at the local primary schools; from being involved in the 'Kids teaching Kids' project to the Vinnie's Winter Sleepout; from growing produce in the community garden to developing sustainability initiatives, and much, much more. Underpinning our curriculum and many co-curricular activities, is the challenge to make a difference in our world; 'to see a need and to do something about it'.

"An authentic faith - which is never comfortable or completely personal - always involves a deep desire to change the world, to transmit values, to leave this earth somehow better than we found it."

(Pope Francis, *Evangelii Gaudium*)

Charlie and the Chocolate Factory

Congratulations to all involved in the school production, 'Charlie and the Chocolate Factory'. Thank you to everyone involved for taking us on this won-

Continued overleaf

derfully creative adventure into a land of pure imagination. The acting was superb; the set amazing; the dancing and music captivating, and the costumes were just 'to die for', in fact, the whole experience was just magical.

A production like this is the work of many hands. Thank you to all the very talented students who took part. The many hours of after school and weekend rehearsals were well worth the final experience. You are all such incredibly talented young people. We are in awe of what you've achieved.

Thank you to all the staff involved but particularly Ms Mhairi Shepherd (Director/Producer), Mr Clarence Marshall (Musical Director), Mr Ben Wisbey (Production Assistant) and Ms Pauline Corson and Ms Jo Mallia (Costumes) for all your work. There would be have countless unseen hours of planning, preparation and worry in bringing the production together. We hope that you are all well pleased with what you've achieved. It was terrific.

Sports News

Over the last few weeks we have enjoyed success in a number of SACCSS interschool sporting events.

SACCSS Athletics

Congratulations to all the athletes who represented the school. Your school spirit, sportsmanship and willingness to give 100% were evident in the lead up and on the day.

There were many outstanding individual performances with a number of students posting a personal best and / or first place. We were particularly thrilled with the Junior Boys team which placed second overall.

Congratulations to Agel Thon who was the individual champion for the Intermediate girls. This is a remarkable achievement by a very talented athlete. Well done Agel.

Year 9 Premier League

Congratulations to the Year 9 Boys Volleyball Team who defeated St Monica's 3 - 0 in their cross over final to make the grand final this week. We wish them all the best for Tuesday.

SACCSS Tennis

The College was well represented by a talented team at the SACCSS tennis last week. Their spirit, endeavor, sportmanship and skill were outstanding. Well done to Olivia Barisic, Isabel Jankovic, Rejoyce Modi, Chanel Hurmez, Alex Haddad, Jeremy Lawang, Carl Mikhail Sevellano, Peter Phan, Donovan Hughes and Caesar Pagano. Thank you to Mrs Trish MacDonald, Ms Jess Iaria and Mr Liam MacDonald for accompanying the team.

Congratulations to Donovan Hughes and Caesar Pagano who won the Boys B Division Tennis in a nail biting final on Thursday.

Lantern Festival: 12 October (6pm - 8pm)

Early next term we will once again have the Lantern Festival at the College. Please keep this evening free and join us for a night of lantern making, food, storytelling, entertainment and the lantern parade.

This was a great night last year. Please join us. No need to bring anything. All lantern making materials and food will be supplied.

Catholic School Parents Victoria

The latest newsletter for this organisation is available at the link below. It provides a range of information for parents.

<http://vcspb.schoolzineplus.com/newsletter/32855>

Parenting Seminar: Growth Mindsets - Strategies for Teenage Success

Families are invited to attend this Parenting Seminar featuring Darren Pereira which is being offered at CRC North Keilor. Details in the flyer later in the newsletter.

Beginning of Term 4

*Term 4 begins on **Monday 09 October**. This will be **Week 1 and Day 1** of the timetable.*

Preparing for Term 4

The school holidays are certainly a time for rest and recreation, however, they're also an opportunity to prepare

for the new term. Some students will have projects or homework to complete over the break. It's a good idea to get this done earlier, rather than later.

With exams only 7 or 8 weeks away, the holidays are a good time to begin revision of Term 3 work and / or to catch up on any missed work. Those who struggle with organisation might use this time to put some order into folders. Filing old notes and worksheets might be a good start and ensuring that you have all the stationery you need for Term 4 would help.

If students do little else it would be helpful to find some time to read each day.

Term 4 Uniform

Families are reminded that Weeks 1 – 4 are a transition period for uniform. Students can wear either full summer or full winter uniform but not a mix and match of both.

Following the Cup Weekend break, from Wednesday 08 November all students will need to be in full summer uniform.

The holidays may be a good time to check that students have all that is required.

Newsletter

The newsletter is published fortnightly and distributed on **Day 5 (Friday Week 1)**. Students will have a chance to read it before placing it in their diary to be taken home to parents that evening.

Newsletter Days for Term 4 2017:

Fridays:

13 October	27 October
10 November	24 November

The final newsletter will be posted home on 19 December (posted)

The newsletter can also be accessed on Friday morning (Day 5) on the College website at:
<http://www.crcstalbans.catholic.edu.au>

Enrolment for Year 7 2019

Enrolments are now open for Year 7 2019. Application forms and College Information packs can be obtained from the front office at any time. The application form can also be downloaded from the College website at www.crcstalbans.catholic.edu.au.

Since our last newsletter.....

Over and above the day to day activities of the school since our last newsletter students, families and staff have participated in the following:

SACCSS Athletics

Year 7 Maths Games Day

10 O'Connell Community service

Book Week / Book Week Breakfast

Year 7 Languages excursion

Year 7 2018 interviews

Brimbank 'Kids teaching Kids' conference

Year 7 Swimming

Year 10 Reflection Day

Year 7 Werribee Park zoo visit

Year 9 Reach program

SACCSS Tennis

Year 7 National Gallery of Victoria visit

It's again been a busy two weeks. I am sure that students and their families are very appreciative of all these opportunities and the time and energy that staff put into organising and offering these experiences.



CHRISTINA UTRI
PRINCIPAL

Year 10 reflection day

On Thursday 14th September the following students represented CRC St Albans at the SACCSS Tennis Tournament:

Alex Haddad

Peter Phan

Donovan Hughes

Ceazar Pagano

Jeremy Lawang

Carl Sevellano

Olivia Barisic

Isabel Jankovic

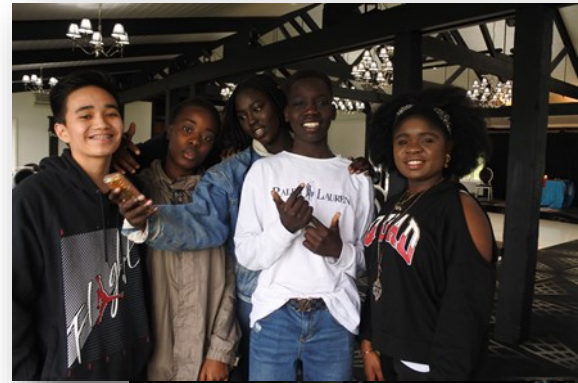
Rejoyce Modi

Chanel Hurmez



All students played well and in good spirit. We had a wonderful day. A special congratulations goes to Donovan Hughes and Ceazar Pagano for winning the boys Intermediate B team championship. Their effort was outstanding. Well done!

Miss Iaria and Mrs McDonald



Quiz 16

Can you match the words below with their correct meaning on the right . . ?

- | | | |
|--------------|-------------|--------------|
| 1 Opulent | 5 LummoX | 9 Caustic |
| 2 Exemplary | 6 Oust | 10 Animosity |
| 3 Trivial | 7 Succulent | |
| 4 Precocious | 8 Incessant | |

- A Sarcastic in a bitter way
- B A clumsy, stupid person
- C Continuing without a break
- D Strong dislike
- E Tender, juicy, and tasty
- F Highly costly and luxurious
- G Of little value or importance
- H Developed at an earlier age than usual or expected
- I Deprive of or exclude from having something
- J Very good

WEDNESDAY MASS
 We welcome families to join us on Wednesday mornings from 8.30am
 The services are led by both Sacred Heart Primary School and CRC St Albans.

TERM 3 ROSTER
20 September: - CRC
 8 Clark will be leading Mass



Year 10 Reflection Day

On Tuesday 12th September the Year 10's experienced their Reflection Day. On this day students explored the world today and the mark they want to leave on it.

With their Pastoral Care Group students spent the day discussing in small groups how they are God's hands, heart and mind here on earth. In the afternoon the students had time for some individual reflection and the day concluded with celebrating mass together.

I would like to thank the students for their positive contributions and the staff who attended each venue for their hard work. In particular, I would like to extend a huge thanks to Ms Trish McDonald, Mr Clarence Marshall, and Mr Eder Ramos for their leadership on the day. Thank you also to Fr Cooney, Fr Sullivan and Fr Tuan Do for leading us in Mass at the end of the day.

Student's observation of the day

'In the small groups I like how I got to know people not as teachers or as students but as human beings'. Faye, 10 Little

'Everyone got to express their inner feelings and have deep meaningful conversations with one another'. Peter, 10 Macauley

'I give the day a 9 out of 10'. Deng, 10 Mackillop



Reflection Day

School fees 2017

Term 3 School Fees are due before 22nd September 2017. If you have any difficulties regarding school fee payments, please do not hesitate to contact the office on:
9366 2544

Key Dates

Term 3, 2017

20 - 22 September:
Year 9 Camp

22 September:
Year 8 Reflection Day

Term 4 2017

12 October:
Lantern Festival (6- 8pm)

16 & 17 October:
Year 10
Outdoor Education Camp

27 October:
Interhouse Athletics Carnival

2 November:
CRC Celebrates / Image Art
Exhibition

6 November:
Cup Weekend Break

7 November:
Cup Weekend Break

21 November:
McAuley Assembly

22 - 28 November:
Years 9 and 10 exams

29 November:
Year 10 Picnic

30 November:
Year 10 Graduation Mass

1 December:
Correction Day
(students not required)

4 - 8 December:
Year 11 2018 Orientation Week
(CRC Sydenham)

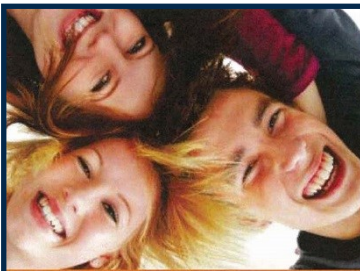
6 December:
Year 10 2018 VCE and
VET Orientation Day
(CRC Sydenham)

5 December:
Peer Support Training Day
(Year 9)

7 December:
Ball Sports Day (Years 7 & 8) /
Trinity Ice Skating Day (Year 9)

8 December:
Final day for Years 7 - 9

20 December:
School office closes



Success Integrated

...helping ordinary people achieve
extra ordinary results

www.successintegrated.com

Parenting seminar

GROWTH MINDSETS - strategies for teenage success

FEATURING

Daren Pereira, speaking on study skills, motivation and resilience.

COVERING

Developing a growth mindset (latest work by world leading researcher and Professor of Psychology at Stanford University, Dr Carol S Dweck, PhD).

FOCUSING ON:

The difference between a growth and a fixed mindset; neuroscience and how the brain functions; using positive praise; research on developing 'grit' in kids; dealing with disappointment and bouncing forward after setbacks.

VENUE: Catholic Regional College, North Keilor
1c Santa Monica Dve, Keilor Lodge
Collaborative Learning space

DATE: Tuesday 17 October 2017

TIME: 7.00pm - 8.00pm

RSVP: office@crcnk.vic.edu.au
93611 5900



Catholic
Regional College
North Keilor



Catholic Regional College St Albans

Lantern Festival

“VUI HỘI TRĂNG RẰM”



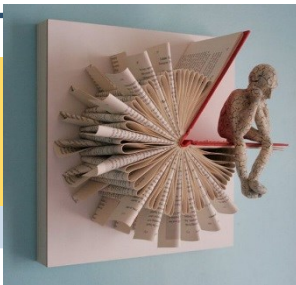
*Join us for an evening of lantern making,
food, entertainment, storytelling
and lantern parade.*

Thursday 12 October 2017
6.00pm — 8.00pm

CRC St Albans

10 Theodore Street St Albans

For more information call the college on:
9366 2544



<http://dishfunctionaldesigns.blogspot.ca/>

OUR COLLEGE

- WIMMERA
- YARRA
- ATTARD
- AVOCA
- KIEWA
- SNOWY
- EDISON
- ORIFICI
- CLARK
- LITTLE
- LYONS
- MANNIX
- MACKILLOP
- DEAKIN
- O'CONNELL
- CURTIN
- HUGHES
- MCAULEY
- BARTON

The READERS Cup

Congratulations to 8 Attard for jumping 3 rungs of the Readers' Cup Ladder and reaching 3rd place. 9 Lyons moved up 2 places and 10 O'Connell moved 1 place. Currently the Top placings are:
 7 Wimmera - 421
 7 Yarra - 325
 8 Attard - 278
 7 Avoca - 276
 7 Kiewa - 257
 7 Snowy - 246



KEEP READING

BOOK WEEK ACTIVITIES

THE LIBRARY HELD COMPETITIONS AND ACTIVITIES LAST WEEK TO CELEBRATE BOOKWEEK.

Monday and recess every day we had Library questions with prizes.

Tuesday we held a trivia competition that went very well. Reading Hour was held on

Wednesday, with students being the first to sample the new books that were available.

Thursday was the great Paper Plane Competition where competitors vied for the longest throw. First was Samuel Le with a throw of 12 metres and Bolis Nyok was second with a throw of 10 metres.



Reading Hour



Paper Plane Competition

Bolis and Samuel



Breakfast was enjoyed by about 100 people on Friday 8th September when the school community came together for pancakes with ice cream, muffins, toast, croissants, crumpets, coffee and hot chocolate



TOP TEN BOOKS BORROWED . . .

- Billionaire Boy by David Walliams
- The Bad Beginning by Lemony Snicket
- Tomorrow when the war began by John Marsden
- Wonder by R.J. Palacio
- Once by Morris Gleitzman
- The Greatest Blogger in the World by Andrew McDonald
- Vampire Knight 3
- Death note 6: Give and Take
- Vampire Knight 4
- The 65 story treehouse



KEEP READING

YEAR 7 LANGUAGE EXCURSION

Last Tuesday 5th September, the Year 7 students attended Language Studies excursions. The students studying Chinese went to the Chinese Museum, where they looked at artefacts and learnt to do Chinese knotting. In groups, students then purchased a resource to be used in class.

Students studying Italian went to the Veneto Club in Bulleen, where they engaged in a number of activities, such as playing bocce, soccer, pasta making, cooking sauce, preparing pizza and having an Italian meal. Below are a few pictures of these activities.



Year 7 Science Zoo Excursion

As part of the Year 7 Science program students spent the day on Tuesday at Werribee Open Range zoo.

One group were stopped by an inquisitive giraffe who decided to see what all the fuss was about.



CHARLIE AND THE CHOCOLATE

Star power abounds at CRC. On August 31st and September the 1st students across Year 7 -10 came together to perform "Charlie and the Chocolate factory" at Sydenham's Crate theatre., Mhairi Shepherd, the show's Director, and Clarence Marshall, the Musical Director, selected this show to provide an opportunity for students not only to perform for an audience, but also to expand upon the creative spirit and performing arts curriculum at CRC St. Albans.

The joy of learning was evident throughout both the process and the final performances. The commitment, self-discipline and energy the students brought to the process impressed all. Preparing props, costume and make-up added to the professionalism of the finished performance. Most notable, this is the first time CRC has produced a show that incorporated students from across all year levels, enabling them to show-case their diverse talents.

Students presented three sold out shows; a matinee and two evening performances. With help from the CRC St. Albans' community a magical set was created, with boats that floated down a chocolate river, imposing Industrial gates representing the gates of Willy Wonka's factory and of course edible plants.

Principal Christina Utri commented on how impressive it was to see "Students from different cultures, interests and experiences all collaborating to create this amazing theatrical event."

This show highlights the magic that can happen when committed staff and students come together.

QUOTES ...

"The play was an unforgettable experience beyond our wildest imagination, you could really feel the love and support back stage, it was amazing to see everyone's hard work come together for 3 spectacular shows. I will forever treasure the memories and experience from it." *Pranvera Nov Year 10*

"I really enjoyed this experience because of the way everyone got along. It was a great bonding experience. It was what I had thought it would be and more." *Liam Kilpatrick Year 7*

"It was a fun and memorable experience, something I will cherish when I leave CRC." *Lynda The Le, Year 8*

"I enjoyed meeting different people from each year level, I wouldn't have become friends with any of them if it weren't for the play. Since the play went so well, I got complimented by friends and family so that's pretty good." *Teresa Tram Bui Year 7*

"I really enjoyed the whole experience, it was very challenging but in the end very rewarding. Because it was my first high school production I had a great time learning more about other cast members and making lots of new friends." *Emily Gerada Year 7*



Charlie AND THE CHOCOLATE FACTORY

- A PLAY -

Director/Producer
Mhairi Shepherd

Musical Director
Clarence Marshall

Production Assistant
Ben Wisbey

Costume Design
Pauline Corson and Jo Mallia

Set Design
Cristin Schwanker

Lighting
Nick Disco

Welcome to the tale of a delicious adventure
in a wonderful land.....

We are here to celebrate the first ever CRC St Albans School Play
and what an exciting journey it has been.

Come with us
And you'll be
In a world of pure imagination
Take a look
And you'll see
Into your imagination.....

PLAYERS



AUGUSTUS GLOOP
Sam Istaifo



VERUCA SALT
Pranvera Nov

Charlie AND THE CHOCOLATE FACTORY

- A PLAY -



VIOLET BEAUREGARDE
Emily Gerada



CHARLIE
Liam Kilpatrick



MIKE SIEWE
Wendy Nguyen



GRANDPA JOE
Rihanel Huo



WILLY WONKA
Harrison Gatt



MRS. GLOOP
Plath Moniah

GRANDMA GEORGINA
Isabella Collier



EXTRA EXTRA EXTRA
Wendy Nguyen



MR SALT
Chol Kur



NARRATORS
Princess Dorbor and Teresa Tram Bui



MR BUCKET
Bolis Nyok



MRS SALT
Lynda The Le

Charlie AND THE CHOCOLATE FACTORY

- A PLAY -



GRANDPA GEORGE
Chol Kur



MRS BEAUREGARDE
Ashli Arab



MRS BUCKET
Crystal Molina



GRANDMA JOSEPHINE
Lynda The Le



FOLLOWSPOT OPERATOR
Nathan Arendtstz



MULTIMEDIA OPERATOR
Tina Bui



MUSICIANS

Jordan Luong
Jordan Mo
Caitlyn Gonsalves
Dariana Nuez
Emily Aguilu



DANCER
Faylene Reyes



CHORUS

Year 7
Amy Ruel
Lester Rena
Akair Mongrag
Aroal Kur
Lesina Maoluma
Jack Bangit
Abany Makuach
Margaret Malut
Rejoyce Modi
Maren Tachie
Achol Mayom



Year 8
Breanna Pruzzak
Lisa Pham



Year 9
Sekina Mawien
Achan Ajak
Sunday Fadiet

PRODUCTION TEAM

Properties Pauline Corson, Jo Mallia and Ben Wisbey
Willy Wonka Chocolate Boxes Designed and Printed by
Year 9 Visual Arts students
Make-up Design Daniela Ibrido
Back Stage Mitchell Porter
Photography Laura Coccia
Program Design Denise Gerardo de-Lima
Administration Assistance Jill Gerada
Front of House
Trish McDonald, Mariella Pannunzio, Maria Calafiore and Claire Rayos

Thank you to the following
CRC Sydenham Staff Janine, James and Lino
Colleen Mackenzie
Casarotto Ramsay & Associates

And to all the teachers, parents, partners and friends from
Catholic Regional College St Albans who have supported us.

Backstage Crew:
Justin Callos, Deng Shan, Arop
Thom, Vincent Le, Vins Cruz
Make-up Artists
Antoniet Nov
Adelina Nov
Sonia Ngyuen

Ushers
Josephine Aweng
Jocelyn Kuzano
Ben Jansen
Chris Ikov
Filming Nathan Taylor
Thanks also to:
Office Admin Staff
CRC Maintenance Crew

Director
Ms Shepherd and
Production
Assistant
BMr Wisbey enjoy a
successful day at
rehearsals last week



FACTORY A SELLOUT FOR CRC

Year 10 Outdoor Education Ski Day

On Friday 25th August our Year 10 Outdoor Education students spent the day cross-country skiing at Lake Mountain. It was yet another epic adventure for students and staff alike and it was great to see our students showcasing their leadership and teamwork skills throughout the day.

Thank you to Ms Lowe, Ms Pavlides and Mr Strachan for their assistance in ensuring the day was a success.



SACSS Athletics Carnival ...

Last Monday 4th September the college was represented by some 60 enthusiastic athletes. In what was quite testing weather conditions, with constant wind and intermittent showers all students performed with great determination and sportsmanship.

The college had a good number of students who finished either first second or third in a variety of disciplines during the competition. Several students won more than one event, they being, Arop Thom, 1500 and 800 meters, Augustine Morris Jnr, 400 and Relay, Rhanel Hao, Discus and Shot Put and Agel Thon for 100 and 400 meter events.

Also, Agel Thon won the champion female athlete for the 16 year old girl's competition. Our school community should be proud of all student's efforts on the day as they accumulated valuable points to the college's tally. Overall results;

Junior Boys Division 2nd place.

Junior Girls 4th Place.

Intermediate Boys 3rd place.

Intermediate Girls 6th Place.

A special thanks go out to all teachers who prepared our students in the lead up to the competition and for their support on the day.

