

CRC ST ALBANS

YR 10 2025

SUBJECT INFORMATION






YEAR 10 CURRICULUM

The Year 10 course is a mixture of seven core subjects taken for the full year and six semester length elective units. Core studies include Religious Education, English, Health, Humanities, Mathematics, Pastoral Care and Science. The curriculum program is structured to provide a comprehensive base as well as a degree of choice about what students learn; acknowledging their need to pursue personal interests and build towards achieving their career aspirations for the future.

Electives are primarily from the Arts, Technology, Languages and Physical Education learning areas. Students can also include VCE Psychology or Health and Human Development or a VET study in their Year 10 program. An extensive range of VET options are offered through our Trade Training Centre at CRC Sydenham. These include: Retail Baking, Hospitality and Cookery, Furniture Making, Horticulture, Signage, Information and Digital Media, Screen Media (Game Design), Picture Framing, Sport, Aquatics and Recreation, Community Services, Laboratory Skills, Dance and Music Sound Production.





In Year 10 you will complete the following core subjects for the entire year as part of your course requirements.

- English
- Health Education
- Humanities
- Mathematics
- Pastoral Care
- Religious Education
- Science

In addition to the core subjects listed above, you will choose elective studies from a range of Year 10 subjects or Year 11 VET/VCE offerings based on your interest and/or readiness for accelerated learning.

In the first section, you will find an overview of the Year 10 core and electives.

The second section provides information on the VCE Units 1 & 2 and VET certificate courses available to Year 10s who are ready for accelerated learning.

Choosing an appropriate course is important and takes effort. You need to read the information carefully, think about your strengths and the direction you would like to take in the future.

You are encouraged to explore occupations and career pathways at <https://myfuture.edu.au/> and discuss options with your teachers, parents and mentors.

Follow the Career Bullseyes link to find out about occupations that are related to subjects that you enjoy. <https://myfuture.edu.au/bullseyes>



KEY DATES

Thursday 18th July	Complete your self-reflection, evaluation and goal setting in Pastoral Care.
Tuesday 23rd - Wednesday 24th July	VET and VCE information sessions and application forms distributed at lunchtime.
Wednesday 31st July	Sydenham Twilight Open Evening to learn about VET studies. 6:30 pm Study Hall (Enter Gate 7)
Monday 5th - Thursday 8th August	Participate in Subject Expo Commence course planning during Pastoral Care/Trinity.
Friday 9th August	VCE and VET applications with supporting document/folio of work due.
Monday 12th August	Subject Selection form available.
Friday 16th August	Final day for subject selection submission. (Check that you have met requirements with your PC teacher before submitting.)

SECTION 1 :

YEAR 10 CORE SUBJECTS

YEAR 10 CORE SUBJECTS

RELIGION

The Year 10 Religious Education program aims to extend the students' knowledge and understanding of the Catholic Tradition. Students reflect upon the meaning of Jesus' life, death and resurrection through an in depth analysis of the background, intended audience and message of Mark's Gospel and how the message can be recontextualised for today's audience. Students also compare and contrast the nine aspects of the Jewish, Christian and Muslim faiths and explore how religion is represented in society today.

In the second semester of Religious Education, students explore the social and moral teaching of the Church. Using selected Scripture and Catholic Social Teaching as a guide, they develop an understanding of injustices occurring in the world today. Finally, students identify ways in which individuals develop personal responsibility and maturity through the analysis of situations which require moral decision-making.

Areas of Study

Mark's Gospel

One God Three Religions

A Call to Justice

Relationship Unit

Assessment Tasks

- Scriptural analysis
- Comparative and short answer response tasks
- Research Project
- End of Semester Examinations



PASTORAL CARE

Our Year 10 Pastoral Care program supports students in developing crucial skills, knowledge, and values for their personal, academic, and future career journeys. It promotes personal growth, wellbeing, and essential skills applicable to all aspects of life. The program provides guidance in navigating relationships, exploring careers, making informed subject choices, and leaving a positive legacy. It fosters a supportive environment, building healthy relationships and a sense of belonging.

Students utilise the Morrisby Profiling online platform to discover various pathways. The program focuses on resilience, positive identity, self-worth, empathy, subject selection, Work Experience, employability skills, job market awareness, and future career prospects. Social-emotional skills are enhanced through activities and discussions.

Areas of Study:

Relationships and Themes

Careers and Pathways

Subject Selection and Work Experience

Legacy and Justice

Assessment Tasks:

- Leadership Profile – Commitment Task
- Morrisby Modules – Work Experience Placement Task
- Work Experience Diary
- OHS Modules
- Legacy Reflection Task



ENGLISH

In English, students study a wide range of texts with specific focus areas. Through studying the text 'The Truman Show' students explore the concepts of 'reality versus realism' and analyse how cinematic techniques are used to portray these ideas. The classic novel 'Of Mice and Men' is compared with the film 'Freedom Writers' through an in-depth study of themes, characters and settings.

Students learn about the art of persuasion through the analysis of persuasive techniques in different media. Students also complete a structured language analysis of a newspaper opinion piece. Through a study of William Shakespeare's tragedy 'Macbeth', language features, characters, themes and moral ambiguities are analysed.

Areas of Study

Reality vs Realism - Truman Show (Cinematic Techniques & Formal Analytical Writing)

Of Mice and Men (Creative Writing & Reading)

Freedom Writers Comparative (Comparative Formal Paragraph Writing)

Persuasive Language & Public Speaking (Persuasive Techniques)

Language Analysis (Formal Analytical Writing, Persuasive Techniques & Argument Analysis)

Macbeth (Literal, Inferential & Extended Questions)

Assessment Tasks

- Cinematic Technique Analytical Essay
- Character Monologue
- Comparative Test
- Motivational Speech
- Language Analysis Test
- Text Analysis Reading Task
- End of Semester Examinations



HEALTH

Course Overview

Students explore the themes of risk-taking behaviour and drug education and develop an awareness of how to be responsible young people and how to recognise challenges faced by youth in the community. They develop an awareness of controlled and uncontrolled risks in society and how to minimise harm from risk-taking behaviours. Students also explore the concept of 'respectful relationships' and build their understanding of STIs, contraception, consent and sexting.

Road Safety and road rules are studied in preparation for students getting their Learner permits. Students learn about Mental Health, unpack a range of mental illnesses and explore how these illnesses might affect people. They build their knowledge in how to recognise 'normal' feelings and how to develop healthy habits. Students also learn strategies on how to help others who are experiencing mental health crises. Across all areas of study students build their knowledge and understanding of how to interact in positive ways with the wider community.

Areas of Study

Risk taking and Drug Education
Respectful Relationships
Road Safety
Mental Health

Assessment Tasks

- Risk taking and Drug Education Presentation
- Respectful Relationship Written Answers
- Road Safety Written Component and Group Presentation
- Mental Health Picture Story Book



HUMANITIES

Students engage in the study of Civics and Citizenship, where they are introduced to the functions of Law and Politics in Australia and develop their understanding through the analysis of various civil and criminal legal case studies. They examine the different concepts and measures of human wellbeing, and the causes for global differences in these measures between countries.

Students investigate and analyse historical aspects of World War II. They explore the circumstances that brought about the rise of aggressive ideologies such as Hitler's Nazi Party and engage with political cartoons and texts from the time in order to derive contextualised meaning. They also look into the involvement of Asia and the Pacific and how this impacted Australia.

Students examine the threat that climate change is posing to our world; for both humans and biodiversity and are given the opportunity to express their informed opinions with reasoning. They also study the historical context of racial discrimination against Aboriginal and Torres Strait Islander Peoples in Australia from colonisation until the present day.

Areas of Study

- Law and Politics
- Geographies of Human Wellbeing
- World War Two: Cause and Course
- World War Two: Asia and the Pacific
- Climate Change
- Aboriginal Rights and Freedoms

Assessment Tasks

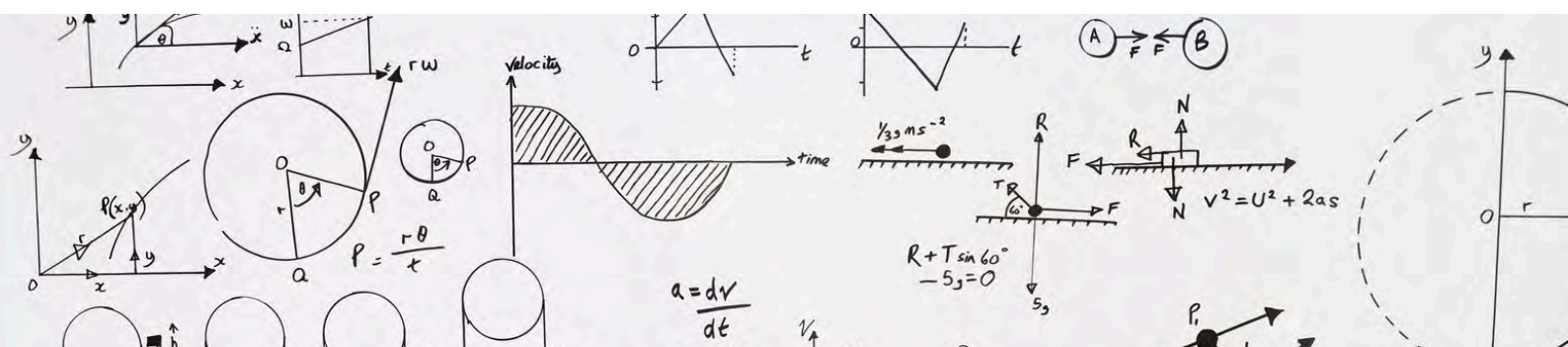
- Topic Tests
- Geographic Data Report
- Call for Action Letter
- Reflective Tasks
- End of Semester Examinations



Students focus on solving practical problems involving angles of elevation or depression and bearings through the application of trigonometry. Students also learn to solve problems involving gradients of parallel and perpendicular lines and pairs of simultaneous linear equations. Students also extend their work in Probability to combinations of up to three events, using tables, Venn diagrams and tree diagrams. They also explore the concepts of conditional probability and independence, and their application to solving problems involving chance events.

- Measurement - Volume & Surface Area
- Algebraic Techniques
- Statistics
- Equations, Inequalities and Formulae
- Exponentials
- Trigonometry
- Coordinate Geometry and Simultaneous Equations
- Probability
- Quadratics

- Topic Tests
- End of Semester Examinations



SCIENCE

The course is aimed at developing students' understanding of the world around them in order to explain phenomena involving science and its applications relating to Biology, Chemistry, Physics and Earth and Space Sciences. Students learn that the characteristics of living organisms are determined by the genetic information that they contain in their cells, as well as the environment in which they live. Students continue to develop their understanding of patterns in the Periodic Table that help explain the properties of the elements and the way in which elements and compounds behave when they react with each other through the process of chemical bonding. They compare the characteristics of various types of chemical reactions including combination, decomposition, displacement and precipitation reactions and develop their skills in describing chemical reactions using formulae and correctly balanced chemical equations based on the Law of Conservation.

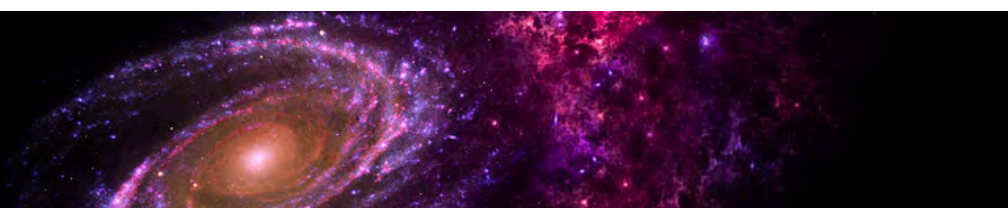
Students continue to develop their understanding of heritable traits as a key mechanism for evolution. They learn that the diversity of living things may be explained by the theory of natural selection. Students investigate the motion of objects and learn to explain such motion through the application of Newton's Three Laws of Motion. They perform calculations involving distance, speed, acceleration and time and interpret motion graphs. In the Mysterious universe unit, students explore how the universe was formed and develop an understanding of the differences between galaxies, stars and systems and how each of these are formed. Students explore evidence for the Big Bang Theory and how technology has played an integral part in the development and adjustment of our scientific understanding.

Areas of Study

- Genetics
- Chemical Patterns & Bonding
- Chemical Reactions
- Forces, Energy and Motion - Newton's Laws of Motion / Kinematics
- Evolution
- Mysterious Universe

Assessment Tasks

- Topic Tests
- Practical Investigations
- End of Semester Examinations



YR 10 ELECTIVES OFFERED

Please note that subject/course offerings are subject to numbers and availability.

DESIGN AND TECHNOLOGY

- Food Technology
- Information Technology
- Technology Studies - Wood
- Product Design - Materials
- Fashion Design - Textiles

THE ARTS

- Visual Communication and Design
- Drama
- Sculpture
- Visual Arts
- Music
- Media Arts

MATHS

- Pre-Math Methods

HEALTH AND PE

- Outdoor Education
- Ball Skills, Biomechanics & Coaching
- Active Body & Fitness

LANGUAGES

- Chinese
- Italian

SELECTION REQUIREMENTS

- You need to take six semester length units over the year.
- If you select a VCE or VET course, you will do this over the whole year (2 × semester length units).
- If you choose to study a Language, you will do this over the whole year (2 × semester length units).
- If you wish to take Pre-Math Methods, you will do this over the whole year (2 × semester length units).

SECTION 2 :

YEAR 10 ELECTIVES

TECHNOLOGY ELECTIVE CHOICES

FOOD TECHNOLOGY

In Year 10 Food Technology you need to:

- work with others in combined tasks.
- be aware of and adhere to Occupational Health and Safety rules within a kitchen environment.
- be comfortable trying new ideas with food items in recipes.

The Course:

Year 10 Food Technology aims at developing and extending your skills through a combination of practical and theory tasks. You will have the opportunity to plan and prepare a variety of food products, with a focus on handmade Pasta, Pastry and Baking concepts. The Theoretical component will focus on the connection between Lifestyle, Diet and Disease. You will further develop your time management, kitchen hygiene and safety practices.

Areas of Study:

Food Technology processes

Handmade pasta, pastry and baking techniques

Lifestyles and disease

Macro & Micro Nutrients

Assessment Tasks: Research presentation, Recipe evaluation, Practical work, and a SAC.



INFORMATION TECHNOLOGY

In Year 10 Information Technology you need to:

- work with others on a collaborative media campaign
- work on assigned tasks within a team environment

The Course:

Year 10 Information technology aims at developing and extending your skills in various software programs through a combination of individual and team tasks. You will also have the opportunity to select a local, national or international issue for your Media campaign task. You will use various media formats to create a unique media campaign to champion your cause.

Areas of Study:

Business spreadsheets
Python program language
Media campaigns
Multimedia formats

Assessment Tasks:

Business invoice, Media campaign and a SAC.



TECHNOLOGY STUDIES - WOOD

Year 10 Technology studies-Wood

In year 10 technology studies students will:

- Show awareness of health and safety hazards in a workshop environment
- Show accuracy and attention to detail
- Use a range of tools and power tools
- Be proactive in their learning and outcomes

The course:

This course aims to develop, extend and perfect woodworking skills. Students will draw upon previous knowledge and be introduced to new equipment and construction techniques to construct a range of products from timber. Students will show good mathematical skills through drawing, measuring and marking. Students are expected to create technical drawings and cutting lists.

Area of study:

- Safe use of tools, machines and equipment
- Planning and sketching
- Producing design proposals, technical drawings and cutting lists
- Joints and finishes

Assessment tasks: Four jointed box and furniture making project



PRODUCT DESIGN - MATERIALS

Please note, to prepare students for VCE, university and industrial settings, this subject uses portfolio based work. Students are required to document their design process.

In year 10 Product Design students will:

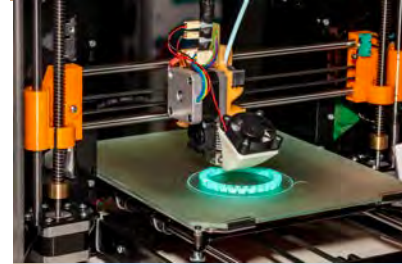
- Show awareness of health and safety hazards in a workshop environment
- Show problem solving skills through research, design and prototype and testing
- Seek feedback and use this to improve/modify work
- Experience new materials and technologies, such as the 3D printer

Year 10 product design aims to develop and extend independent design skills. Students will use theory work (customer, material and technology research) to become adaptive and thoughtful designers. You will follow the design cycle to aid a specific customer in achieving a speaker or their desire. You have access to a range of materials and processes available to them to achieve this. Students will assemble the casing and circuit for their customer. Students are encouraged to explore a range of techniques such as Laser cutting, 3D printing, traditional woodworking skills, sewing or minor metal fabrication to complete their project.

Area of study:

- The design cycle
- Design and development of design
- Prototype modeling
- Computer aided design and manufacturing
- Electronics

Assessment tasks: Design portfolio and Electronic speaker



FASHION DESIGN - TEXTILES

In year 10 Textiles students will:

- Show awareness of health and safety hazards in a practical classroom and workshop environment
- Show problem solving skills through research, design and prototype and testing
- Seek feedback and use this to improve/modify work
- Experience new materials and technology.

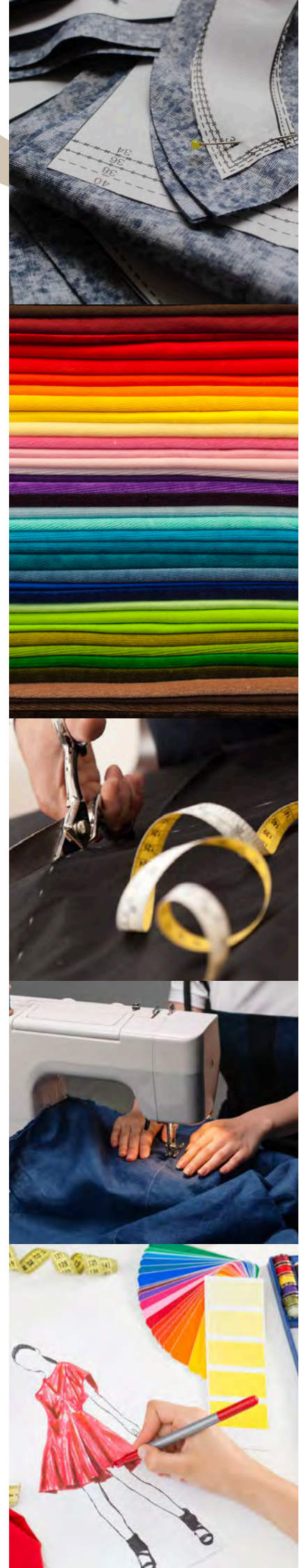
Textiles aims to further develop sewing skills to create functional and wearable pieces of clothing. This involves taking specific measurements, applying this to patterns and making a garment fit for a specific end user. Students will be introduced to more enhanced machines and techniques to enable a higher quality final product.

Area of study:

- Reading and understanding patterns
- Pattern cutting
- Garment construction
- Design and finishing techniques

Assessment tasks:

- Design Construction
- Garment Construction



THE ARTS

Please note that, like in VCE, all Arts Electives are Folio based subjects and will require a thorough documentation of all work.

VISUAL COMMUNICATION AND DESIGN

In year 10 Visual Communication and Design you need to:

- Experiment with mediums, techniques, processes and ideas.
- Plan, document and discuss your artwork with others to make informed independent decisions.
- Research to generate and support your creative ideas.
- Be an active learner.
- Utilize your Visual Diary to document all work.

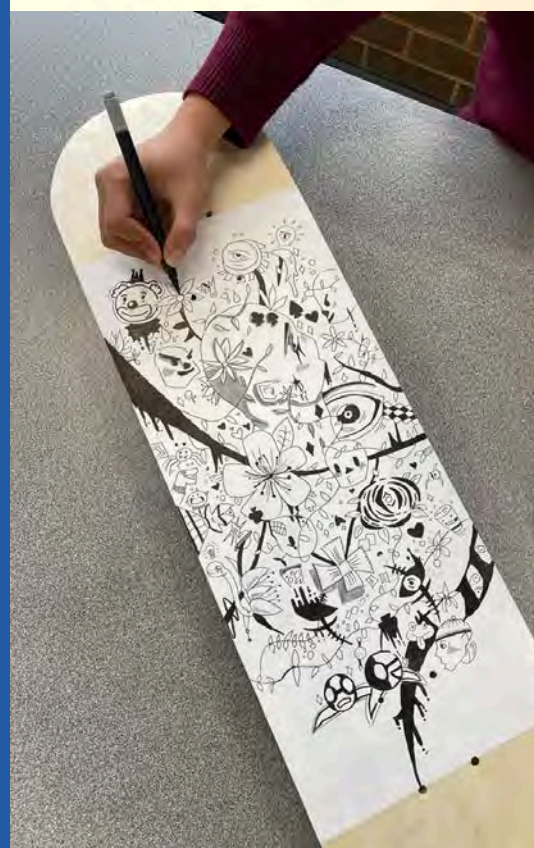
The course:

Year 10 Visual Communication and Design allows you to work from a variety of design briefs and develop your own personal style. You will generate, develop and refine design works exploring a range of materials and methods. You will also focus on analysing design works and articulating your own and others' design ideas and aesthetic choices. A Visual Diary is used to document all your research, work drawings, annotations and design processes.

Areas of Study:

- Design Process
- Skateboard Design
- Technical Drawing
- Historical and Cultural Analysis

Assessment Tasks: Folio Design, Design Process, SAC



DRAMA

In year 10 Drama you need to:

- Be creative and spontaneous.
- Step outside your comfort zone and think outside of the box.
- Accept constructive feedback from fellow classmates and your teacher.
- Work in a team to get the best performance.
- Rehearse outside of class time.
- Perform in a live public performance assessment.
- Be dedicated to all areas of work, including Drama theory.

The course:

Year 10 Drama helps you to further explore a variety of dramatic styles. You will refine character work by exploring the physical and psychological aspects relating to a variety of scripted and self-devised characters. You read, interpret, apply and write your own scripts and experiment with structuring narratives to convey dramatic meaning and intent. A Drama Journal is used to document all your theory, script work and personal reflections.

Areas of Study:

Script Interpretation and Development, Character Creation, Drama Styles and Conventions, Self-devised Drama, Compulsory Public Performance Assessment and Theory.

Assessment Tasks: Public Performance, Digital Journal, Self-Devised Performance, Family Drama Performance.



SCULPTURE

In year 10 Sculpture you need to:

- Experiment with mediums, techniques, processes and ideas.
- Plan, document and discuss your artwork with others to make informed decisions independently.
- Research to generate and support your creative ideas.
- Discuss your artwork and justify your ideas with others.
- Be an active learner.
- Work collaboratively.
- Utilize your Visual Diary to document all your work.

The Course:

Year 10 Sculpture focuses on the development of skills and concepts through a range of set tasks and individual work. You will explore and experiment with a variety of sculptural techniques, mediums and processes. You compare and contrast, analyse and deconstruct sculptures from different periods of art. A Visual Diary is used to document all your research, work drawings, annotations and processes.

Areas of Study:

- Ceramics
- Mixed Media
- Found Objects
- Art Appreciation and Theory

Assessment Tasks: Mixed Media Sculpture, Ceramic Vessel, Visual Diary, SAC



VISUAL ARTS

In year 10 Visual Arts you need to:

- Experiment with mediums, techniques, processes and ideas.
- Plan, document and discuss your artwork with others to make informed independent decisions.
- Research to generate and support your creative ideas.
- Discuss your artwork and justify your ideas with others.
- Be an active learner.
- Utilize your Visual Diary to document all work.

The Course:

Year 10 Visual Arts focuses on the development of skills and concepts through a range of set tasks and individual work. You will be challenged to explore and experiment with a variety of mediums, techniques and processes. You compare and contrast, analyse and deconstruct artworks from different periods of art. A Visual Diary is used to document all your research, work drawings, annotations and processes.

Areas of Study:

- Painting
- Drawing
- Ceramics
- Printmaking
- Art Appreciation and Theory

Assessment Tasks:

Visual Diary, Portraiture Painting, Tattoo Design, Mask Making



MEDIA ARTS

In year 10 Media you need to:

- Collaborate with and support others.
- Accept that Media Arts includes a focus on analysis and theory.
- Contribute to written tasks as well as practical work.
- Plan, revise, re-plan, edit and complete work outside of class time.
- Ask for assistance when you need it – no questions are too big or small.
- Persist with tasks and don't give up.
- Experiment, plan and evaluate your work at various stages throughout the production process.

The Course:

Year 10 Media Arts will assist you in extending your skills and knowledge of the stages of production. You will then apply these skills to technical production exercises. You will utilise and manipulate genre codes and conventions with purpose, and develop your own collaborative media content. You will use production techniques and genre conventions to focus on effectively communicating to an audience and challenging social expectations. Theory is a key component of the Media Arts course and you will be required to keep an up-to-date folio.

Areas of Study:

- Film Analysis
- Film Production Processes
- Media Power and Influence
- Codes and Conventions of Media / Genre
- Folio work

Assessment Tasks:

- Media Voice
- Pre and Post -Production Exercises
- Media Theory SAC



MUSIC

In year 10 Music you need to:

In Year 10 Music you need to:

- persist in learning your instrument; even when it becomes challenging.
- work with others and share your understanding.
- keep up-to-date with your Music theory.
- be comfortable to ask as many questions as possible.
- support fellow classmates in their development and performance skills.
- rehearse at lunchtime and after school.
- perform in a live public performance assessment.

The Course:

Year 10 Music aims at developing and extending your musical skills through instrument, voice, musical analysis and performance. You will specialise in an instrument of your choice and research, rehearse and perform a repertoire in a range of different solos and ensembles. You will also study theory of the musical elements in order to develop your knowledge and skills of a range of music styles.

Areas of Study:

- Instrument Study - Choices: Drums, Bass, Guitar, Piano, Voice and Music Production.
- Theory (Grade 2).
- Musical Theatre (History and Review).
- Performance – both in class and a compulsory Live Performance Assessment.
- Creative Music – Picture Storybook Soundtracks.

Assessment Tasks:

Theory Tests, Music Analysis, Instrumental Study and Performance.



MATH

PRE-MATHS METHODS

- Is Mathematics one of your strengths?
- Do you aspire to study in fields that require a strong mathematical background?
- Do you have the capacity for problem solving and logical reasoning?
- Do you grasp mathematical concepts readily?
- Do you have a sound grasp of number and algebra?
- Do you want to extend your knowledge and understanding of Mathematics beyond the Year 10 curriculum?

If you answered 'Yes' to these questions then Pre-Maths Methods may be the subject for you.

Pre-Maths Methods is aimed at students who enjoy Mathematics, have demonstrated competence in their study of Mathematics at Year 9 and aspire to study in fields that require a strong mathematical background. As a part of this course you will have the opportunity to extend your problem solving, reasoning and understanding in Mathematics.

If you choose this subject, you need to be prepared to take on the workload required for the study of extra mathematics in addition to your 'core' mathematics work.

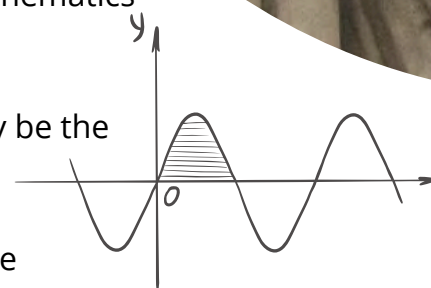
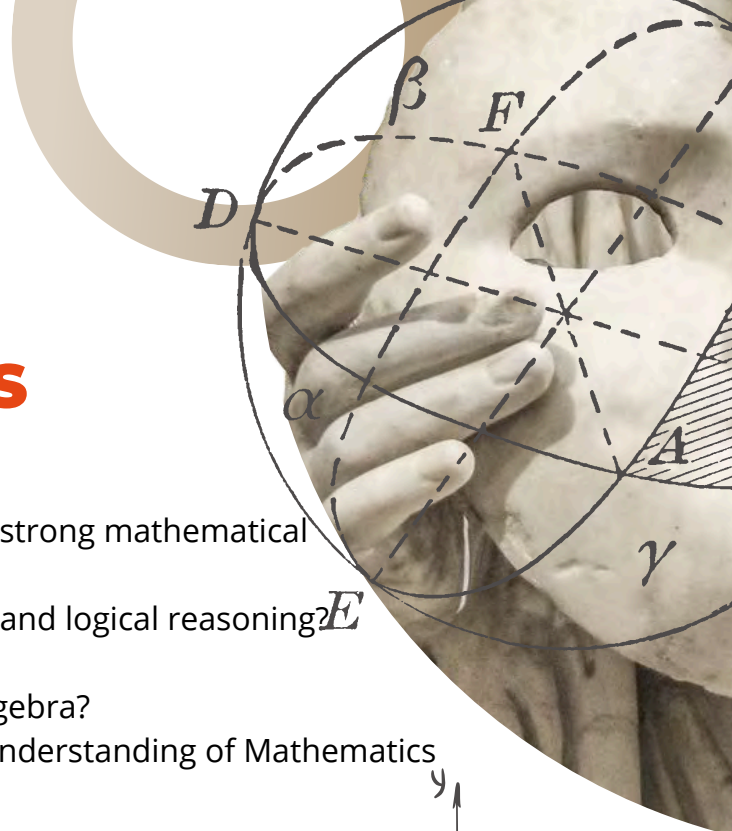
Areas of Study:

- Series and Sequences
- Factorisation
- Exponents & Logarithms
- Linear Equations & Formulae
- Trigonometry
- Circles, Hyperbola & Simultaneous Equations
- Functions & Relations
- Quadratic Equations & The Parabola

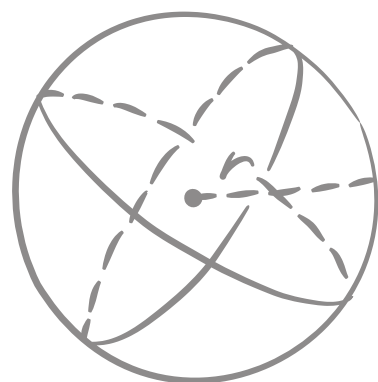
Assessment tasks: Topic tests

Please Note: Students planning to undertake Mathematical Methods or Specialist Mathematics at VCE level must complete this subject in conjunction with the Mathematics program at Year 10.

Do you know which university courses require VCE Math Methods as a prerequisite study? What university courses are you considering?

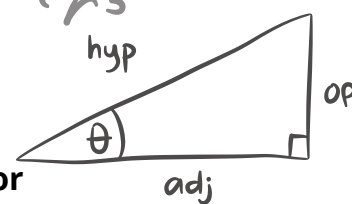


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HEALTH & PE ELECTIVES CHOICES

OUTDOOR EDUCATION

Are you interested in furthering your knowledge of the outdoors and the impacts you can have on it? Can you imagine a future career in the environmental field?

Year 10 Outdoor Education develops an understanding of the outdoors and the environment. Practical experiences will develop the skills and knowledge required to safely participate in activities in the outdoors and focus on having minimal impact on the environment.

This subject provides you with the opportunity to develop understanding and respect for the environment. It is practically oriented with opportunities to participate in activities such as snorkelling, cross country skiing, orienteering, camping and bushwalking.

The subject also has a theoretical component that supports the practical skills and understanding of the environment.

If you select this class you are required to attend all excursions and camping experiences which extend beyond normal school hours.

Excursions include:

- Overnight hiking/camping experience.
- One full day snorkelling or cross-country skiing excursion.
- Regular excursions to local parks which is reflected upon in an ongoing Major Assessment Task.

Subject Levy: \$200



BALL SKILLS, BIOMECHANICS & COACHING

Are you interested in developing your knowledge of ball skills and the mechanics that go into making a great coach or player? Do you see a future in the sport coaching field?

This unit of study develops understanding of biomechanical and social factors affecting physical performance. A major component of this unit is developing knowledge, understanding and skills through theory work.

You will learn to apply biomechanical principles to improve movement and performance in sport and physical activities. You will also learn about a range of coaching practices and how these affect the performance of an athlete.

You will be required to coach junior students at a neighbouring primary school. You will need to select activities appropriate to age and skill level and deliver the program to the students over a series of weeks. Strong leadership and organisational skills are favourable for this subject.

This subject is suitable for you if you wish to study Physical Education at VCE level or VET Sport and Recreation. This subject prepares you for the work field of Health Sciences, Exercise Science and Education.



ACTIVE BODY FITNESS

Are you interested in extending your understanding of the importance of physical activity? Can you imagine your future career having links to being a personal trainer?

This unit of study will provide you with an understanding of the importance of physical activity across your lifespan. You will investigate components of fitness, learn about different training methods and design a training program to improve or maintain fitness. You also learn about the different structures and functions of the skeletal and muscular system.

The practical component of this elective will give you the opportunity to experience a number of different physical activities such as: Boxercise, Spin Class, Circuit and Weight Training.

This subject also has a strong theoretical component that supports the development of practical skills.

Active Body Fitness is suitable for you if you wish to study Physical Education at VCE level or VET Sport and Recreation. This subject prepares you for the work field of Health Sciences, Exercise Science and Education.



LANGUAGES

CHINESE

Are you interested in extending your communicative language skills in Mandarin Chinese? Do you imagine your future career having links to China?

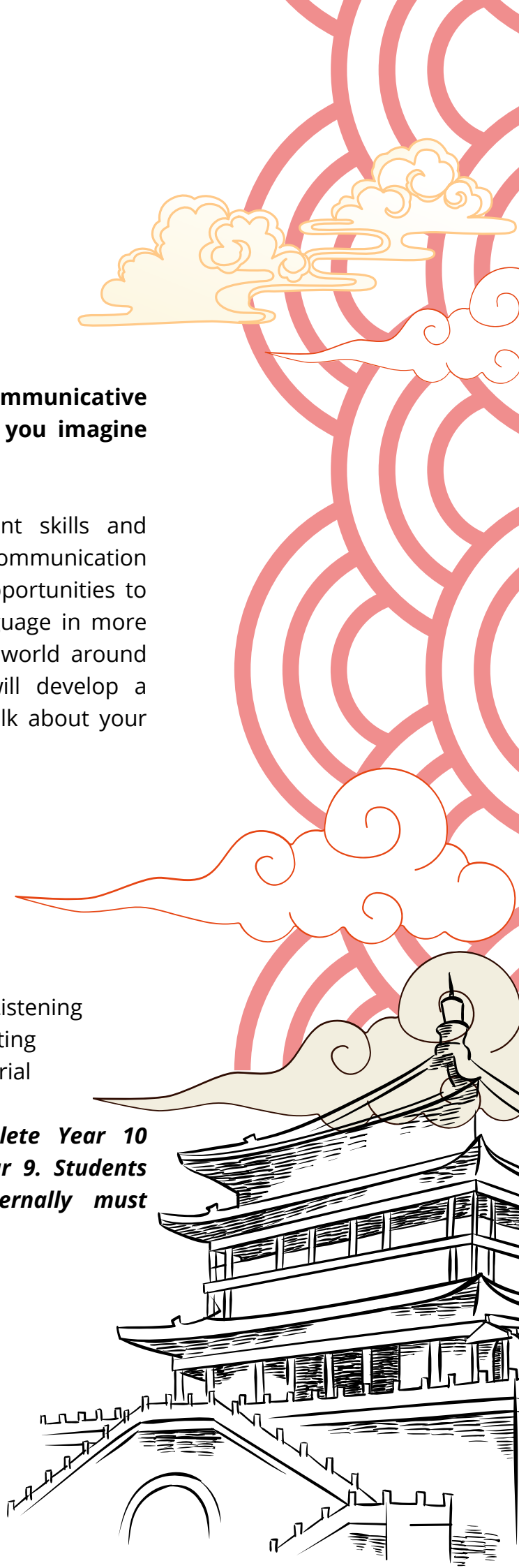
In this subject you will learn the relevant skills and vocabulary to consolidate and extend your communication skills in Mandarin Chinese. You will have opportunities to explore cultural aspects of the Chinese language in more depth and learn new ways to describe the world around you. Over the course of the year you will develop a repertoire of written and spoken skills to talk about your interests.

Areas of study:

- People and culture
- Directions
- Weather and seasons
- Food and shopping

Assessment tasks: Role-play conversations, Listening comprehension, Reading comprehension, Writing comprehension, Developing informative material

PLEASE NOTE: Students wishing to complete Year 10 Chinese must have studied Chinese in Year 9. Students wishing to undertake VCE Chinese externally must undertake Year 10 Chinese.



LANGUAGES



ITALIAN

Are you interested in the historical links between Italy and Australia? Do you fancy being able to converse more broadly about your interests and contemporary issues?

In this subject you will have the opportunity to develop and extend your knowledge of the Italian language and culture. You will be able to view films in Italian which explore the history of Italo-Australian culture and develop the language to discuss. Over the course of the year you will extend your grammatical knowledge to be able to create your own imaginative texts, produce informative texts about the world around you and discuss your hopes for the future.

Areas of Study:

- Italian migration in Australia
- Holidays and Recounts
- Technology and the environment
- Careers and the future

Assessment Tasks: Listening comprehension, Reading comprehension, Writing comprehension, Conversational role-play, Creating informative material

PLEASE NOTE: Students wishing to complete Year 10 Italian must have studied Italian in Year 9. Students wishing to undertake VCE Italian at Sydenham must undertake Year 10 Italian.



SECTION 2:

VCE/VET COURSES

VET AND VCE OFFERINGS FOR YEAR 10 2025

This section outlines the VCE and VET courses that are available. You should only be considering these subjects if you have shown that you are ready to undertake accelerated studies in Year 10.

Indicators of readiness include:

- outstanding exam and assessment results across all subjects (80% or above)
- excellent study and homework routines
- high level of initiative and independence in learning
- well developed metacognitive skills
- strong reading and writing ability (NAPLAN and PAT)

VCE Psychology Units 1 & 2 and VCE Health & Human Development 1 & 2 may be studied at CRC St Albans, dependent upon numbers. If interested in other VCE studies, please discuss this with Deputy Principal (Learning & Teaching).

All VET courses listed are studied at Sydenham with other Year 10 or Year 11 students.

You are directed to read the 2025 Sydenham Course Handbook <https://crcs.vic.edu.au/learning-teaching/> to gain an understanding of the entire course, VCE Units 1 - 4 or VET Years 1 and 2, before making any decision to apply for a VCE/VET subject in Year 10.

You are also advised to attend the **Twilight Open Evening at CRC Sydenham** on **Wednesday 31st July**. This is a good opportunity for you and your family to learn more about VET and specific course information and requirements.

You will need to submit a written application and provide supporting evidence that clearly demonstrates how you meet the selection criteria. Acceptance will be based on assessment results, standardized testing results, work habits and your PC teacher's recommendation.

Please note: Admission to classes is subject to numbers and availability.

VCE OPTIONS

Unit 1 and Unit 2 Psychology

This Science subject is very popular and covers a great many areas. Psychology is a growing area and the human brain continues to amaze us. This subject is often studied alongside VCE Biology, Chemistry, Health and Human Development, Health and Physical Education and Outdoor Education at Years 11 and 12.

Unit 1 and Unit 2 Health & Human Development

VCE Health and Human Development provides students with broad understandings of health and wellbeing that reach far beyond the individual. Students learn how important health and wellbeing is to themselves and to families, communities, nations and global society. Students explore the complex interplay of biological, sociocultural and environmental factors that support and improve health and wellbeing and those that put it at risk. The study provides opportunities for students to view health and wellbeing, and development, holistically – across the lifespan and the globe, and through a lens of social equity and justice.

VET COURSE OPTIONS

VET courses are nationally recognized and vocationally oriented, enabling students to begin studies towards certificate qualifications. Students enrolling in VET courses may need to participate in Structured Workplace Learning as several of the compulsory units of competency are linked to work in a relevant industry setting.

VET programs with scored assessments that are completed over two years can contribute as an additional VCE unit 3 and 4 sequence. Students may then be able to take on an additional Unit 3 and 4 study in Year 12.

Cert III in Food Processing (Retail Baking)

The Retail baking course will provide participants with the foundation knowledge and skills to achieve entry level competencies which will enhance their employment prospects within the bakery industry. This course is for people who wish to work in the retail baking sector of the foods processing industry in hot bread kitchens, specialty cake /patisserie shops, franchises, in store bakeries and similar outlets.

Cert II Signage

This certificate course is carried out at Catholic Regional College Sydenham in the Trade Training Centre. The classroom/ workspace also acts as a shop front to the business SYD Signs. The business is open to the public, giving the students the opportunity to enhance their customer service skills as well as the specific trade training of this program.

Cert II Furnishing (Picture Framing)

Students will work with an industry professional at CRC Sydenham and learn to run their own business in the picture framing industry. This is ideal for students looking at studying VCAL, VCE Art, Studio Arts, Woodwork, Carpentry, furniture making or those who enjoy a hands on approach.

Cert II in Hospitality/ Cert II in Cookery

This dual program provide students with a broad range of skills and knowledge to prepare them for a diverse range of occupations in the hospitality industry including commercial cookery, catering and food and beverage service. The program is very hands-on and focuses on providing exposure to employment pathways within the hospitality setting and a pathway towards achieving the requirements for trade recognition as a cook.

Cert III Music (Sound Production)

The Sound Production Stream of the Cert III in Music provides students with the practical skills and knowledge to record, mix and edit sound sources. Units 1 and 2 (Year 1) of the program can include units such as implementing and maintaining audio equipment, performing basic sound editing and developing music industry knowledge. Units 3 and 4 (Year 2) offer scored assessment and include units such as recording and mixing a basic music demo, operating sound reinforcement systems and installing and disassembling audio equipment

Cert III in Music Performance

The Certificate III in Music assists individuals in developing a wide range of competencies in varied work contexts of the music industry, as well as in environments that require skills in music performance, music creation or composition, sound production or music business.

Occupations: Performer, session musician, composer, songwriter, arranger, musical director, band leader, sound artist, music producer or accompanist

Cert III in Sport, Aquatics and Recreation

This qualification provides students with the opportunity to acquire and develop the skills, knowledge and confidence to work in the areas of sport and outdoor recreation related industries. Leadership, organisational and specialist activity skills will be developed through the units of competency undertaken in the selected program.

Cert II Community Services Work

The first year of the VET Community Services course allows students to obtain a Certificate II. The course allows students to engage within the community services industry through theoretical and practical study. The program is an entry study into the workplace as health and community service workers. The subject is recommended to students who are interested in working with people and the extended community.

Cert II in Workplace Skills

Students will develop a range of broad-based business skills that are applicable to almost all industries, including a range of some of the most common digital technologies and applications used across businesses today. Students will also develop the required knowledge and skills to underpin their individual performance once they are in a workplace setting – fundamentals such as planning, prioritising, problem-solving, communication, teamwork and more.

Occupations: These qualifications reflect the role of individuals in a variety of junior administrative positions who perform a range of mainly routine tasks using limited practical skills and fundamental operational knowledge in a defined context. Some of the occupations that these School based VET qualifications can lead to are:

- Administrative assistant
- Receptionist
- Secretary
- Information officer
- Customer service Officer
- Legal Secretary
- Personal Assistant

Cert III in Laboratory Skills

This preparatory qualification reflects the role of workers who perform a limited range of laboratory operations and is the entry-level qualification required for laboratory personnel across all industry sectors. The program is very hands-on and provides exposure to employment pathways within all laboratory industry sectors.

Cert II in Retail Cosmetics

The Certificate II in Retail Cosmetics reflects the role of retail sales personnel involved in a defined range of tasks to sell and demonstrate beauty or cosmetic products. They follow known routines and procedures, and work under direct supervision. This qualification provides a pathway to work as a retail sales consultant in any business that sells beauty or cosmetic products and services. This can include beauty and hairdressing salons, retail outlets and department stores.

Cert II in Dance

Units 1&2 consist of 7 units including 4 compulsory and 4 elective units.

Compulsory Units:

CUADAN211 Develop basic dance techniques

CUAPRF211 Prepare for live performances

CUAWHS111 Follow safe dance practices

CUAWHS211 Develop a basic level of physical fitness for dance performance

For more information on the Cert II in Dance units and mode of assessment, please refer to page 43 in the CRC Sydenham 2025 Course Handbook, <https://crcs.vic.edu.au/media/1553/2025-course-handbook-v1.pdf>

Cert II in Furniture Making Pathways

The VCE VET Furniture Making Pathways students will develop knowledge and experience in a variety of areas including preparing surfaces, making simple timber joints, developing a career plan for the furnishing industry, assembling furniture components as well as working in a team. This program provides young people with the opportunity to gain comprehensive entry level training in the furnishing industry

Cert II in Horticulture

Horticulture is the cultivation of plants for food, materials, comfort and decoration. Horticulturists use their knowledge, skills, and technologies to grow intensively produced plants for human food and non-food uses and for personal or social needs. This qualification is targeted to students who would like to become horticultural specialists by completing a higher qualification in the following industry areas:

- Landscape design and construction
- Green infrastructure
- Urban agriculture
- Community gardening
- Nursery production
- Conservation and land management

Cert III Information Digital Media & Technology

The Certificate in IDMT provides students with entry level training in the exciting new medium of digital technology. This course provides students with the skills and knowledge to be competent in introductory ICT technologies. This qualification is designed to support ICT activities in the workplace and to achieve a degree of self-sufficiency as an intermediate ICT user. This certificate would be complementary to students undertaking VCE Applied Computing unit 1 and 2, then furthermore into VCE unit 3 and 4 data analytics or software development.

Cert III Screen and Media

The Interactive digital media course provides the students the opportunity to learn the process of Game Design and Production. The aim of the course is to expose students to industry practices and prepare them for further study in the Game Production. Topics covered range from Level Design and Character design to 3D Modelling and Node Based Scripting.



Cert II Salon Assistant

This qualification reflects the skills and knowledge students gain in a pre apprenticeship qualifications. The qualification can be credit transferred to Certificate III in Hairdressing or Barbering. Giving students up to 35% of their Certificate III Hairdressing or Barbering completed. Students train in a fully function Hair Salon The Village Style on site at CRCS. Small class numbers are working on real clients in a commercial Salon. The salon uses Keune professional Products.

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COURSE/SUBJECT LEVY

INTERNAL CERTIFICATE COURSES	Year 1 Levy
Certificate II in Salon Assistant	\$200
Certificate III in Retail Cosmetics - YEAR 1	\$350
Certificate III in Community Services - YEAR 1	\$100
Certificate III Screen and Media - YEAR 1	\$30
Certificate II in Dance - YEAR 1	\$150
Certificate III in Retail Baking - YEAR 1	\$120
Certificate II in Furniture Making Pathways - YEAR 1	\$400
Certificate II in Horticulture - YEAR 1	\$100
Certificate II in Hospitality & Cookery- YEAR 1	\$220
Certificate III in Laboratory Skills - YEAR 1	\$100
Certificate III in Music (Performance) - YEAR 1	\$30
Certificate II in Music (Sound Production) - YEAR 1	\$100
Certificate II in Furnishing (Picture Framing) - YEAR 1	\$80
Certificate II in Signage & Graphics - YEAR 1	\$80
Certificate III in Sport, Aquatics & Recreation - YEAR 1	\$100

VCE/VET APPLICATION PROCESS

APPLICATION PROCESS AND ACCEPTANCE

After submitting your written application, you will be interviewed as part of the review process. VET and VCE subjects have limited enrolment numbers and acceptance is based on a number of factors including aptitude, learner characteristics, teacher endorsement, career pathway and interest in the course/industry/pathway.

Please note that not all students who apply will be accepted for accelerated studies.

EXPECTATIONS

- Commit to the VET/VCE subject for the duration of 2025 – you may not drop out mid-year.
- Attend all VET/VCE classes and provide a medical certificate to Catholic Regional College Sydenham if unfit to attend a class.
- Complete the VET/VCE course requirements to the best of your ability by engaging in learning activities, seeking assistance and submitting all assigned work and assessment tasks
- Complete work you miss at CRC St Albans due to attending the VET/VCE classes at Sydenham.
- Be responsible for keeping up with school work and aim for 100% attendance.
- Keep part time work to a minimum and ensure that it does not clash with VET or VCE scheduled classes

COMPULSORY ORIENTATION DAY

You must attend the compulsory VET Orientation class in early December at Catholic Regional College Sydenham. This is considered Day One of the class for attendance purposes.

More information will be provided closer to the date.

COST

Families will need to pay for the subject levies associated with VET courses (refer to the information on CRC Sydenham website).

Students who fail to commit to the year-long study of a VET course, once enrolment has been processed, may be required to contribute towards the VET fees paid by the College.

TRAVEL

You need to organise travel arrangements to and from Catholic Regional College Sydenham with your family.

When travelling by public transport, you are expected to travel directly to Catholic Regional College Sydenham with other members of your class.

ATTENDANCE

VET classes run on Wednesdays and extend beyond normal school hours. Attendance at all scheduled classes is compulsory.

Absence due to illness should be reported to both Catholic Regional College St Albans and Catholic Regional College Sydenham as soon as possible before or on the day of absence and should be verified with a medical certificate.

CONTACTS & FURTHER INFORMATION

If you require more information, please contact Chris Orsini (Careers and Pathways Leader) at Catholic Regional College on 9366 2544



Draft Plan Yr 10 2025

Selection 1: _____

Selection 2: _____

Selection 3: _____

Selection 4: _____

Selection 5: _____

Selection 6: _____

Alternative selections

Alternative 1: _____

Alternative 2: _____

Please get your draft selections checked by your Pastoral Care teacher.